



Strength that Stands Tall

Namana Vishwas of Class 9 secured First Prize in the T1 Age and Weight Division at the PFD Sports Festival - Open Deadlift Championship, held at I-Can International School.

With an impressive 57.5kg deadlift, she demonstrated exceptional strength, determination and disciplined preparation. Her outstanding performance earned her the top honour, marking a significant milestone in her sporting journey and reflecting her dedication to excellence in strength sports.