

# PEARLS OF IMPRESSIONS

2025-2026



## FOREWORD



It is with great pleasure that I present the 3<sup>rd</sup> edition of Pearls of Impressions, an annual newsletter, a reflection of the dynamic journey of learning, exploration, and growth at our Foundation School. Each page captures not merely a series of events, but the spirit of curiosity and engagement with which our young learners encounter the world.

At the heart of our philosophy lies a steadfast commitment to holistic development - nurturing children across intellectual, physical, emotional, social, and spiritual dimensions. We endeavour to create a learning environment that is joyful, secure, and deeply enabling, where every child feels valued and inspired to express themselves with confidence.

Guided by the vision of the National Education Policy and the National Curriculum Framework for the Foundational Stage, our approach embraces play-based, experiential, and activity-oriented learning, ensuring that education remains meaningful while kindling curiosity, creativity, and reflective thinking.

This Newsletter stands as a glimpse into the continuum of experiences offered through classroom engagements, thematic explorations, and hands-on learning - each thoughtfully designed to make learning both purposeful and memorable.

I extend my sincere appreciation to our dedicated educators and committed leaders, whose thoughtful efforts shape these meaningful experiences, and equally commendable is the active involvement and wholehearted cooperation of our parent community whose engagement with the school has greatly enriched our children's learning journey.

I extend my heartfelt gratitude to everyone who has contributed to this journey and look forward to many more meaningful milestones together.

**Mathew K G**  
Principal

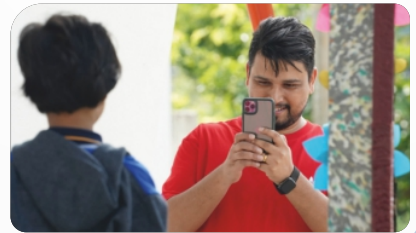
# A JOYFUL PRELUDE TO THE YEAR AHEAD!

A new academic year 2025 - 2026, began to take shape on June 4<sup>th</sup>, as our UKG and grades 1 and 2 students, stepped into the school, with our Preschoolers and LKG children joining the journey the very next day, June 5<sup>th</sup>. The reopening unfolded like a doorway into new beginnings. The campus shimmered with colour and warmth as children from Pre-KG to Class 2 arrived, welcomed by playful selfie corners and thoughtful gestures that instantly created a sense of belonging.

Classrooms transformed into inviting spaces of comfort and expression, where Circle Time, emotion charts, and cue cards gently guided children to connect, share, and settle into their new rhythm. Laughter spilled into outdoor spaces as friendships blossomed.

Our class 1 and 2 learners stepped in with growing confidence, engaging in reflective and creative experiences-from designing personalised name boards to sharing their stories through interactive activities. Puppet-led narratives added a touch of magic, helping children explore emotions with ease and joy.

For our youngest learners, it was a tender beginning-marked by exploration, reassurance, and small yet meaningful steps into a space of discovery.



# WORLD ENVIRONMENT DAY

## Seeds of Responsibility: Rooted in Care, Growing with Awareness!

On 5<sup>th</sup> June 2025, aligned with the theme Reduce Plastic – an effort to reduce plastic pollution, Foundation School engaged learners in a profound exploration of environmental stewardship. Through the adoption of classroom plants - living symbols of care, continuity, and responsibility - children nurtured a quiet connection with nature. Extending this learning into action, students creatively repurposed plastic bottles to design vertical gardens, transforming waste into meaningful green spaces. A guided campus walk revealed nature's gentle abundance, inspiring observation and reverence. The experience culminated in a compelling teacher - led skit that underscored the urgency of sustainable choices. More than a celebration, the day became an awakening - where awareness deepened and responsibility began to take root.



# READING DAY

On 19<sup>th</sup> June 2025, Reading Day at EFS unfolded as a reflective ode to the power of reading. Books emerged not merely as sources of knowledge, but as instruments that shape thought and awaken the inner voice.

The day began with a Reading Pledge, followed by an Open Mic Session by the teacher, reflected on reading as a gateway to endless imagination and knowledge. A digital showcase captured moments from the library, enriched with evocative visuals and literary quotes.

At its core were the storytelling sessions, where the language teachers led Classes 1 and 2 through narratives that drew their attention and held them in sheer excitement. In fact, the day concluded with a campus-wide reading hour, where teachers, administrative staff, and students immersed themselves in books, each settled in their own quiet corners across the campus.

By the close, a quiet realisation lingered - reading is not merely a habit, but a journey of becoming.



## STILLNESS IN MOTION: YOGA DAY

The essence of Yoga arrived a little earlier at EFS-on June 20- bringing with it a morning of calm, connection, and quiet awareness. The session began with the gentle resonance of Om, drawing young minds inward and setting a serene tone. Guided breathing followed, anchoring attention, as children gracefully mirrored asanas demonstrated by the teacher - each movement filled with focus, balance, and joy.

A brief meditation brought the session to a soft pause, allowing children to experience stillness not as silence, but as a space of calm within.

Extending this practice beyond the classroom, children explored an asana at home with their parents. On June 23<sup>rd</sup>, they returned with confidence, presenting poses such as Veerabhadrasana, Bhujangasana, and Suryanamaskara during assembly - each posture reflecting growing awareness and inner strength.

Captured in photographs across the corridors, these moments go beyond movement. They mark the quiet beginning of a lifelong journey - where breath guides, balance steadies, and mindfulness gently takes root.



## THE SECRETS AND SCENTS OF SOIL!

Through a hands-on exploration of soil, children stepped into a world often unseen yet deeply alive.

The children engaged with four types of soil: brown, red, clay, and sand - uncovering its hidden life with magnifying lenses and awe.

They sowed seeds, brought from home and nurtured them with care, witnessing growth as a quiet reflection of responsibility. Inspired by eco-stalwarts like Saalumara Thimmakka, Tulsi Gowda, and Jadav Payeng, they expressed their connection through soil-based art. The journey unfolded in joyful mud play and reflection-leaving behind a simple realisation: the soil beneath our feet is not just where life begins, but where connection deepens.



## IN THE COMPANY OF SOIL

With lenses in hand and curiosity wide,  
Children met the soil, their humble guide-  
Brown, red, clay, and golden sand,  
Sifting life through each little hand.

They sowed small seeds, watched green arise,  
Watered hope beneath open skies.  
Art took shape in earthy hues,  
A canvas born of nature's muse.

Guided by heroes of leaf and land,  
They danced in mud, hearts in command.  
Their voices rose in a joyful spree-  
'Care for the Earth, and she'll care for me.'

## WORLD OF OCEAN: IMMERSSED IN BLUE WONDER!

On 4<sup>th</sup> of July, our Kindergarten students ventured into an enchanting journey beneath the waves during the World of Ocean celebration. Dressed in hues of blue and white, children and teachers stepped into corridors transformed into vibrant underwater tunnels, adorned with handcrafted sea creatures - from jellyfish to seahorses - each class creatively showcasing a marine animal.

Interactive games like 'Feed the Shark' and a 'Magnetic Fishing Game' ignited enthusiasm, while a refreshing 'Blue Squash Drink' added to the oceanic ambience. A serene 'Story Shore' corner invited quiet reading by the themed shoreline, and a special photo booth captured the joy of the day. Beyond the visual delight, the celebration offered meaningful insights into marine life, blending imagination, creativity, and curiosity into one immersive learning experience.



# BAREFOOT DAY

A much-awaited celebration across Kindergarten and Grades 1 & 2, Barefoot Day, arrived on 18<sup>th</sup> of July with its invitation to children and teachers alike to shed their shoes and step into a world of play of sensation and connect.

Across vibrant sensory paths and maze trails, little feet wandered over sand, pebbles, mats, and mud - experiencing texture as language. Classrooms echoed with laughter during games like 'Guess the Footprint' and 'Guess What I Write', while yoga, dance, barefoot races, animal walk dance, brought movement into mindful rhythm. With every step, students discovered that being grounded isn't just physical - it is emotional and sensory. Creativity found expression through foot-painting and the making of Krishnapaada imprints. As shoes were set aside, children stepped onto surfaces, each step became a conversation - across sand, stone, grass, and fabric - where texture spoke and the body listened.

As echoed in the final assembly, 'Our feet remind us where we belong - not above the Earth, but with it.' Barefoot Day was a gentle return, to the senses, and so, to the self.



# MONTHLY THEME – JULY, KINDERGARTEN: FURRY AND FEATHERED FRIENDS!

July unfolded as a month of wonder at Excel Foundation School, with the theme 'Furry and Feathered Friends' inviting children to explore the fascinating world of animals through play, observation, and reflection.

The corridors transformed into immersive learning trails adorned with animal cues and stories that stirred curiosity and care. Each day, children watched short videos, discovering that Earth belongs equally to every creature that breathes upon it. Their joy multiplied when pet birds Simba and Lexy, along with a goat, a sheep, and Ruby the dog, visited the campus - sparking genuine delight and empathy.

Wildlife enthusiast and a parent Mr. Anirban Bhowika captivated the young audience with tales from nature, fun quizzes, and mimic games, leaving them inspired to protect the wild. A dramatic retelling of 'The Hunter and the Pigeons' by teachers deepened the message of unity and compassion.

The theme culminated in a charming UKG assembly, where children embodied animals with confidence and delight - leaving behind a gentle yet lasting thought: to care for nature is to understand our place within it.



## MONTHLY THEME – JULY, GRADES 1 AND 2: HEALTHY ME!

The month of July centred around the theme “Healthy Me” for Grades 1 and 2. Students engaged wholeheartedly in adopting healthy eating habits by bringing nutritious snacks and meals to school each day.

A highlight of the month was the weekend task, where children collaborated with their parents to design a healthy diet chart. The response was overwhelmingly positive, reflecting strong home–school connection. More importantly, this awareness translated into action, as many students continued to practise these healthy choices consistently, even beyond the activity.



# INDEPENDENCE DAY: RELIVED WITH PRIDE AND GRATITUDE!

As part of our month-long 'Incredible India' celebrations, the Freedom March for our Foundation School was held on 23<sup>rd</sup> August at the Koorgalli campus - extending the spirit of Independence Day beyond 15<sup>th</sup> August into a celebration that was both thoughtful and deeply felt.

On this day, the essence of Independence found its most stirring expression in the Freedom March - a cherished tradition, where gratitude, pride, and unity move together as one. Our Foundation Stage students transformed the Koorgalli campus into a powerful canvas of patriotism as they celebrated The Heartbeat of Freedom with remarkable flair.

Following the Freedom March, the flag hoisting ceremony was carried out with great pride, marking a moment of collective respect and reverence. The celebrations then seamlessly flowed into a vibrant series of patriotic performances.

The celebration that followed was gracefully steered by the confident voices of our Grade 2 students. As young Masters of Ceremony, they brought to life some of India's most inspiring luminaries - Dr. A. P. J. Abdul Kalam, C. V. Raman, Aryabhata, Sudha Murthy, Kiran Bedi, Mary Kom, Arunima Sinha, P. V. Sindhu, Neeraj Chopra, and Saalumara Thimmakka - holding the audience spellbound with their poise and expression. Alongside them, our singers and dancers added vibrant layers to the celebration, weaving together melodies and movements that reflected the courage, dreams, and diversity of our nation.

With every slogan, every note, and every step, the spirit of freedom surged across the campus. The event stood as a resounding success, etching yet another proud chapter in Excel's journey of nurturing hearts that think, feel, and act for India.



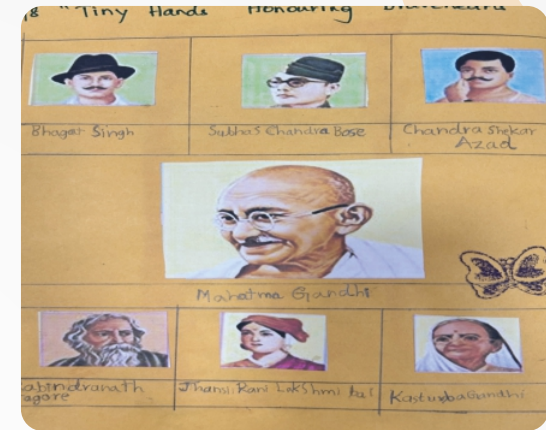
# MONTHLY THEME - AUGUST: INCREDIBLE INDIA!

The entire month of August, our portrait-lined corridors became a walk-through gallery of freedom. Each morning, two 'Little Patriots' arrived in freedom fighters' characters, like, Bhagath Singh, Rani Lakshmbai, Mahatma Gandhiji, introducing themselves with courage in their voices and sparkle in their eyes. History stepped off the wall and shook hands with childhood.

Short films' screening traced the grit of India's independence, while classroom videos opened windows to regional foods and attire. Tiny palms dabbed tricolour paint; weekend cards filled with freedom-fighter pictures and names; another weekend turned reflection into resolve as children wrote simple, personal duties as young Indians.

The finale belonged to UKG students, a crisp, confident assembly that stitched together everything the month had taught - pride with empathy, story with responsibility, memory with hope.

August, was a month that reminded us that freedom is not a memory to recall every August; it is a spirit to live each day with pride and purpose.

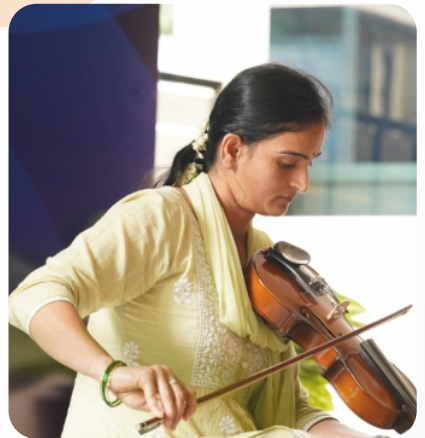


# RHYTHMS OF INDIA - A SYMPHONY OF HERITAGE!

On 29<sup>th</sup> of August, Rhythms of India brought the spirit of our nation's cultural heritage alive at Foundation School. Designed for our Kindergarten children, this one-of-a-kind event, wove together Yoga, Nāda (Music) and Nritya (Dance) into a soulful celebration of India's artistic legacy.

Our senior students and parents performed on classical instruments like the Tanpura, Mridanga, Sitar, Flute, and Violin, while graceful renditions of Bharatanatyam and Kathak added rhythm to the air. The young audience sat in awe, immersed in sounds and movements that spoke of India's timeless spirit.

Rhythms of India was more than an event-it was a gentle awakening, leaving young learners mesmerised, as their innocent voices filled the space with eager chatter about the experience.



# TEACHERS' DAY

Teachers' Day arrived wrapped in the kind of love only children can give. The campus was filled with endless greetings, tight hugs, and those little, unfiltered moments of affection that stayed with the teachers long after. Every classroom told its own story - the doors lovingly decorated by our auntsies, and the boards overflowing with heartfelt messages written by tiny hands and pure hearts. And just when it felt like the day couldn't get any more special, it gently rose into something even more memorable. Our senior students of grade 10 from Koorgalli campus added a magical touch with a mesmerising song performance. It was heart-warming to witness the dance of the older students and they did so with one simple intention - to bring smiles and laughter to their foundation teachers - and their playful, witty moves did exactly that. Their presence, their effort, and the thoughtful gifts they brought along were not merely gestures, but quiet reminders of the bond they carry with their foundation teachers.

Days like these stand as a gentle testament to the joy of teaching - where love returns in its purest form, making the journey deeply worthwhile and profoundly fulfilling.



# MONTHLY THEME - SEPTEMBER: HELPING HANDS!

September became a quiet lesson in gratitude. Corridors turned into learning trails of flashcards and puppets-police officers, doctors, farmers, and sanitation workers-offering glimpses into the lives that keep our world running. Short films deepened children's understanding of the dedication behind everyday work. Learning came alive as LKG and UKG students stepped into roles, moving across classrooms as confident young experts. The month concluded with a heartfelt LKG assembly honouring helpers within the school-a simple tribute to the dignity of labour. More than a theme, Helping Hands became a mindset-learning to respect every role with awareness and responsibility.



# DASARA CELEBRATION

## Mahishasura Mardini!

The spirit of Mysuru Dasara came alive at Excel Public School, as Kindergarten teachers, presented a spellbinding enactment of Mahishasura Mardini on 19<sup>th</sup> September. The performance, with its vibrant backdrop, stirring music, and powerful narration, held the audience - students from Pre-KG to Grade 2, teachers, and parents - utterly enthralled. The grand entry of Goddess Chamundi, drew thunderous applause, and her victory over Mahishasura filled the hall with joyous cheers. Leading up to the performance, children had also watched videos on Mysuru Dasara and the story of Chamundi, further enriching their experience of the celebration.

Adding to the festive splendour was the traditional Dasara Golu displayed in the dollhouse - a cherished custom at Excel Foundation School. Year after year, this ritual brings Dasara alive on campus, filling young hearts with wonder. The children were captivated by the beautifully arranged dolls and eager to know their stories and symbolism, deepening their understanding of the festival's cultural essence.

As the school prepared to close for the Dasara vacation, this magnificent portrayal offered a reflective pause - a heartfelt homage to heritage, reminding us that education is not just about academics, but about nurturing a heart that reveres its roots with understanding.



# JUNGLE DAY!



On 30<sup>th</sup> of October, our Kindergarten corridors transformed into a breath-taking jungle - an immersive world where imagination met nature in its most vivid form. Towering trees, lush vines, vibrant birds, curious creatures, and the soundscape of the wild came together to create an experience that felt nothing short of magical.

As children stepped in, they didn't just observe the jungle - they entered it. Every corner invited exploration, every detail sparked wonder. Through songs, movement, role-play, and hands-on activities, children discovered animal habitats, sounds, and behaviours, while developing a gentle awareness of the delicate balance of nature.

The energy was electric - filled with wide-eyed amazement, curious questions, and unfiltered joy. What made the day extraordinary was not just the setting, but the way children responded - immersed, engaged, and completely present in the experience.

Jungle Day was most definitely felt. A celebration where learning roared, imagination soared, and the wild found its way into every child's heart.



## MONTHLY THEME - OCTOBER:

### 'THE HEARTBEAT OF INDIA - OUR FESTIVALS, OUR PRIDE'!

October at Excel Foundation School came alive with colour, culture, and celebration as the monthly theme 'Festivals of India' was celebrated across the Foundation School. The highlight of the month was a vibrant assembly by Grade 2 students titled 'The Heartbeat of India – Our Festivals, Our Pride' which gracefully transformed from a classroom presentation into a grand auditorium showcase, attended by the Principal, Vice Principal, Headmistress, and parents. Through expressive dialogues, music, and dance, the children brought to life India's rich diversity - spanning harvest festivals, mythological narratives, and celebrations like Eid, Christmas, and national festivals. Their confidence, clarity, and composure left the audience spellbound, turning the occasion into a memorable celebration of talent, teamwork, and national pride.

At the Kindergarten level, the theme took form as a thoughtful exploration of India's festive landscape. Children engaged with diverse celebrations, understood the distinction between national and regional festivals, and developed an appreciation for cultural harmony. Classrooms transformed into immersive learning spaces with visual displays, interactive discussions, and hands-on activities such as diya making and flag crafting. A dedicated Festival Corner further enriched their experience, offering tangible connections to traditions and practices. The theme concluded with a reflective address by the Headmistress, reinforcing that festivals are not merely occasions of celebration, but meaningful expressions of unity, diversity, and shared cultural identity - the true heartbeat of India.



# CHILDREN'S DAY CELEBRATIONS - A DAY CURATED JUST FOR OUR LITTLE STARS!



Children's Day at Excel Foundation School, celebrated on 14th November, was a joyful tribute to childhood, thoughtfully designed for Kindergarten and Grades 1 & 2. The day began with a floral tribute to Pandit Jawaharlal Nehru, followed by a lively, student-friendly programme. Kindergarten spaces were filled with music, dance, and colourful selfie corners, setting a cheerful tone from the start. The celebrations were enriched by thrilling teachers' performances, including an energetic dance, a playful circus act, and a heartfelt musical presentation by the support staff. For Grades 1 and 2, the Teachers' Assembly brought delight through a magic show, a light-hearted drama about a forgetful king and a high voltage dance performance. The engagement continued through curated experiences - Game Zone for Kindergarten, and Story Time, Movie Time, interactive games, and the most enjoyed activity, Guess the Teacher's Voice for Grades 1 & 2. The celebration concluded with the gifting of storybooks and a joyful bubble-filled send-off for Kindergarten, leaving children with lasting memories of laughter, connection, and celebration.



# KANNADA RAJYOTSAVA – ‘KARUNADA VAIBHAVA’!

Excel Foundation School commemorated Kannada Rajyotsava with cultural elegance and patriotic fervour under the theme ‘Karunada Vaibhava’ on 19<sup>th</sup> of November 2025.

The celebration was graced by our Principal, Mr. Mathew K. G., Vice Principal, Mrs. Gubain Mathew, and Administrative Officer, Col Chethan. The programme commenced with a traditional floral offering, marking an auspicious beginning. Parents were honoured as special guests, adding warmth and community spirit to the occasion.

The campus featured a thoughtfully curated exhibition highlighting Karnataka’s heritage, including prominent landmarks, Jnanapeetha awardees, eminent personalities, traditional attire, and regional cuisines. The event began with the soulful rendition of the state anthem, followed by impressive portrayals of celebrated figures such as Rashtrakavi Kuvempu, Nalwadi Krishnaraja Wodeyar, and Dr. D. S. Karki by grade 2 students.

Captivating dance performances, meaningful speeches on the symbolism of the Kannada flag, melodious group songs, and a vibrant folk dance reflected the richness of Karnataka’s culture. The programme concluded with words of appreciation from the audience and an inspiring message emphasising the collective responsibility to uphold and celebrate the Kannada language and heritage.



# MONTHLY THEME - NOVEMBER: WONDERS OF KARNATAKA!

November unravelled as a tribute to Namma Karnataka, as young learners explored the theme Wonders of Karnataka in celebration of Karnataka Rajyotsava. Beginning with map exploration, children identified Karnataka within India, recognised its form, and understood the significance of its red and yellow state colours.

The journey deepened into Karnataka's rich legacy - its dynasties, monuments, art forms, and celebrated poets - along with its famed treasures like sandalwood, silk, and Mysore Pak. Kannada songs such as 'Baarisu Kannada Dindimava' and 'Naada Geete' filled the classrooms, nurturing cultural and linguistic pride.

Creative engagements through map drawing and craft brought learning to life. The theme culminated in a vibrant UKG assembly titled 'Yallara Nadeyagali Kannada, Yallara Nudiyaagali Kannada' where confident performances reflected the spirit and heritage of the state. The assembly was graced by our senior Kannada teacher, Ms. Veena Y.C., as the Chief Guest, adding depth and meaning to the celebration.

The month emerged as an immersive experience - deepening identity, belonging, and pride in the cultural richness of Karnataka.



## LEARN FEST- KINDERGARTEN: 'MINI MINDS EXPO'!

On 20<sup>th</sup> of December 2025, our youngest learners, the kindergarten students, presented Learn Fest 2025-26, with the theme, 'Mini Minds Expo'. The expo showcased the learning experiences of children as developed through classroom instruction and teacher-guided planning.

Each class selected a distinct theme based on curricular concepts and designed activities that enabled children to explain their understanding directly to parents. Parents visited each stop and engaged with the learning through their child's explanations, observations, and performances.

The expo comprised eleven learning stops, each reflecting a specific area of development. The stops included themes such as environmental responsibility, village life, animals and habitats, modes of transport, numbers, language development, nutrition, creativity, and social responsibility. Children demonstrated their learning through conversations, games, riddles, short enactments, mono-acts, experiments, and creative displays. A special focus on kindness was evident through a children-led carnival that involved parent participation and charitable contribution.

A notable aspect of Learn Fest was the confidence with which children communicated ideas, answered questions, and performed tasks independently. Parents appreciated the originality of the themes and the clarity with which children expressed their learning. Many highlighted the consistent quality and meaningful intent of Learn Fest as a distinctive feature of the school. Learn Fest 2025-26 stood as a reflection of purposeful teaching and the growing ability of young learners to think, express, and present with assurance.



## LEARNFEST - GRADE 1 AND 2: 'LIFE BEYOND SCREENS'!

In a time when childhood is increasingly shaped by screens, the students of grades 1 and 2, made a conscious choice to pause, unplug, and rediscover learning in its most authentic form. LearnFest, themed Life Beyond Screens, transformed the campus into a dynamic space of curiosity, creativity, movement, and mindful engagement. Every corner invited children to learn through real-world interaction-touching, thinking, questioning, and creating. The confidence with which students became the voice of learning stood out, as they articulated ideas, explained processes, and engaged in meaningful conversations with clarity and ease-reflecting understanding rather than memorisation. Learning came alive across thoughtfully curated experiences such as From Waste to Wonder, Fit and Fun Arena, Wonders of Space, Nature – The Silent Teacher, Caring for Self and Earth, the Math Play Zone, and Learning – The Inclusive Way. Language and culture resonated through ಆಡಿ ತಿಳಿ, ನೋಡಿ ನಲಿ, ಕರುನಾಡ ವೈಭವ, Bolte Huve Janwaron ki Duniya, Wild Word Trails, and the impactful dramas Unplug to Shine and ಯುವರಾಜನ ಪಟ್ಟಾಭಿಷೇಕ. The corners, Kids Carnival and Book Exhibition added joy and reflection, while student-led fundraising initiatives-including face painting, mehendi, games, food stalls, and hand-painted glass bottles-instilled purpose, empathy, and collaboration. As screens receded, confidence, compassion, and conscious action took centre stage, making Life Beyond Screens not just a theme, but a lived experience where unplugged minds created limitless possibilities.

'When children explore with their hands, voices, and hearts, learning leaves a lifelong imprint.'



# MONTHLY THEME - DECEMBER: ACTS OF KINDNESS!

December emerged as a gentle journey into empathy, compassion, and mindful action, as children engaged with the theme Act of Kindness. Through everyday practices-sharing, helping, using kind words, and taking turns-children began to understand that kindness lies in simple, thoughtful gestures. Stories, visual narratives, and real-life inspirations introduced them to unsung heroes of compassion, reinforcing that true kindness expects nothing in return. Interactive moments such as becoming 'Reading Buddies,' expressing appreciation during Circle Time, and confidently sharing stories across classes nurtured connection, confidence, and a sense of belonging.

Adding deeper purpose to the celebration was the fund-raising initiative driven entirely by children's talents. Through thoughtfully curated stalls-face painting, mehendi art, fun games, food stalls, and the sale of hand-painted glass bottles-children experienced the power of creating with intent and giving with empathy.

They learned that learning is most meaningful when it serves others. Reflection found a meaningful space through the Kindness Tree, where children documented and celebrated acts of care, making kindness visible within the school community. Conversations extended this awareness towards gratitude for everyday helpers and compassion for animals, encouraging children to respond with sensitivity and responsibility. More than a theme, it became a lived experience - where kindness moved from being taught to being practiced, shaping young hearts to act with empathy, awareness, and generosity.



# MONTHLY THEME - JANUARY:

## 'ONCE UPON A TIME.. STORIES CAME ALIVE ON STAGE'!



The month of January transformed into a living storybook as our grade 2 students brought the theme 'Once Upon a Time' to life through a delightful special assembly. Led entirely by students - from confident young MCs to expressive performers - the presentation was both heart-warming and inspiring. Four beloved tales were thoughtfully enacted, each carrying a meaningful message: The Three Little Pigs highlighted teamwork and smart thinking, Cinderella inspired hope and belief in dreams, The Hare and the Tortoise reinforced perseverance, and Little Red Riding Hood reminded us to value wise guidance. Each performance beautifully blended dance, expression, and storytelling, reflecting the children's confidence and growing love for stories.

Adding to the celebration, our UKG students presented an engaging assembly titled 'Tiny Storytellers,' where their immersive performances captivated the audience of parents and guests alike. Together, these presentations went beyond performance, gently reminding everyone that stories open doors to imagination, meaningful lessons, and endless possibilities.



## A SEASON OF SPORTSMANSHIP

Spanning two dynamic months, the Sporting events at EFS, became journey of spirit, stamina, and self-discovery for our young champions. Beginning in November and unfolding over two vibrant months, the campus echoed with cheers, determination, and unstoppable energy. From thrilling running races to exciting relay events, every child stepped forward - not just to compete, but to challenge themselves, support their peers, and experience the joy of participation.

What made this celebration truly special was the consistency of enthusiasm. Day after day, the children carried their sporting spirit with pride, proving that true strength lies not just in winning, but in showing up with courage and commitment.

The event culminated on January 30<sup>th</sup> for grades 1 and 2 and on 3<sup>rd</sup> of February for Kindergarten, with a prize distribution ceremony, where achievements were celebrated - but more importantly, every child was acknowledged as a winner in their own journey.

Because here, on this field, children didn't just run races...

they ran towards confidence, resilience, and the belief that effort itself is a step taken towards victory.



# ANNUAL DAY: 'RHYTHMS OF JOY'!

On 21<sup>st</sup> February, the campus pulsed with rhythm, colour, and celebration as Rhythms of Joy took centre stage, showcasing the remarkable talents of Pre-KG, LKG, and Grade 1 learners. The event was graced by Mr. Shaji Mathew, Chief Human Resources Officer (CHRO), Infosys Ltd., as the Chief Guest, and presided over by Ms. Shruthi Sudhanva, Executive Director, Chief People Officer, ExcelSoft Technologies Ltd., adding distinction to the occasion.

From Folk and Tribal to Disco, Masti, and the Golden Era, each performance was a burst of energy and expression. Dressed in striking costumes, the children danced with confidence and joy, filling the space with infectious enthusiasm.

The tiny Masters of Ceremony from grade 1, commanded the stage with remarkable confidence and clarity. Their poised delivery and natural presence captivated the audience, effortlessly guiding the celebration and winning hearts.

With every step, every beat, and every smile, the stage radiated joy - leaving the audience mesmerised and celebrating the boundless potential of our young performers!



## GRADUATION DAY: 'MARKING A PROUD MILESTONE'!

On 26<sup>th</sup> of March 2026, the Koorgalli campus witnessed a deeply meaningful milestone as our Grade 2 students celebrated their Graduation Day with grace and pride. The ceremony, graced by Chief Guest Mr. H. M. Prashanth, took shape as a formal and heartfelt occasion, beginning with a dignified procession of the young graduates—each step reflecting confidence, growth, and quiet achievement, as proud parents looked on with applause and emotion. The programme thoughtfully wove together moments of reflection and celebration—from the school prayer and inspiring addresses to the solemn Graduation Pledge and Charge, marking a transition filled with purpose. The presentation of graduates, conferring of titles, and the much-awaited diploma distribution stood as powerful symbols of their journey through the Foundation School years. The atmosphere lifted with an energetic graduation song, capturing both joy and accomplishment, honouring the journey completed and the promising paths that now await.



# FIELD TRIPS: TURNING EXPERIENCES INTO LEARNING!

## Sachidananda Ashram & Shuka Vana

On 14<sup>th</sup> of October, our UKG learners set out on a spirited visit to Sachidananda Ashram and Shuka Vana, where devotion, curiosity, and joy seamlessly intertwined. Beginning at the Datthaatreya Temple, the children recited shlokas in a moment of calm reflection before stepping into the lively world of Shuka Vana, where vibrant parrots, intricate bonsai displays, and museum artefacts invited keen observation. The experience unfolded as a gentle balance of stillness and exploration, leaving the children enriched with a sense of wonder, attentiveness, and quiet appreciation for the world around them.



## A Royal Day at Mysore Palace

Our Pre-KG and LKG children stepped into the grandeur of Mysore Palace with wide-eyed curiosity, where every corridor and carving seemed to whisper stories of a regal past. The golden throne, ornate interiors, and majestic Ambari elephants sparked endless questions and quiet awe, drawing the children into a world far removed from their everyday surroundings. More than a visit, it became an early encounter with history and imagination - where wonder led the way and learning followed effortlessly.

# FIELD TRIPS: TURNING EXPERIENCES INTO LEARNING!

## A Journey Through Time – Mysore Railway Museum

On 30<sup>th</sup> of October 2025, Class 1 students stepped into a moving narrative of innovation at the Mysore Railway Museum, where their exploration of 'Transportation - Then and Now' came vividly alive. Surrounded by heritage locomotives and evolving railway systems, they traced the transition from steam to diesel and electric engines while observing the functional diversity of bogies. The visit blended inquiry with experience, culminating in a joyful toy train ride that echoed the essence of learning through doing, leaving behind not just knowledge, but a lasting sense of curiosity and appreciation for progress.



## A Day at the Fire Station

Our Grade 1 and 2 students experienced an unforgettable day at the Saraswathipuram and Hebbal Fire Stations, where learning took on urgency and meaning. Welcomed by dedicated fire officials, the children explored the evolution of fire safety before witnessing a live demonstration that revealed the precision, skill, and courage behind every rescue. From handling high-pressure hoses to observing real-time extinguishing techniques, the visit transformed abstract ideas into lived understanding, leaving students with a deep respect for those who safeguard lives with quiet strength and unwavering commitment.



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## A Visit to Bram's Wood Crafting Studio

At Bram's Wood Crafting Studio, Grades 1 and 2 learners immersed themselves in a hands-on environment where creativity met craftsmanship. Equipped with child-safe tools and wooden components, students confidently constructed models, transforming simple materials into imaginative creations. The studio quickly became a space of focused engagement and collaboration, where problem-solving, coordination, and design thinking emerged naturally, demonstrating how meaningful, tactile experiences can shape both skill and confidence in young learners.



## From Farm to Factory – A Glimpse into Milk Processing

The Grade 2 visit to the Nandini Milk Factory offered a valuable look into the journey of milk beyond its source, introducing students to the scale and precision of dairy processing. While entry into certain chambers was restricted due to extreme temperature conditions, guided explanations and observation provided meaningful insights into production methods, hygiene practices, and product transformation. The experience encouraged children to view everyday essentials with greater awareness, turning a familiar concept into a thoughtful exploration of process and purpose.



## POWER OF STORYTELLING!

Storytelling has become a powerful approach to learning across the Foundation School, sparking imagination, creativity, and curiosity. This year stood out as a celebration of stories brought to life, with both teachers and students actively stepping into roles as performers-making storytelling a shared, dynamic experience with remarkable levels of involvement. Through these rich engagements, children built vocabulary, strengthened listening skills, and developed an intuitive understanding of language.

Beyond language, storytelling opened pathways to explore emotions and values such as kindness, sharing, honesty, and empathy. Role plays like Saalumara Thimmakka, The Pigeon and the Hunter, and Mahishasura Mardini left a lasting impression, often reflected in children's free play as they confidently recreated characters and narratives. Alongside, storytelling also strengthened memory, concentration, and communication, making learning deeply meaningful and memorable.

## ‘EVERY SEASON HAS A REASON’: EXPLORING SEASONS!

The theme 'Every Season Has a Reason', offered our UKG students a meaningful opportunity to explore and understand the changing seasons and their significance. Through an engaging special assembly, the children confidently explained how seasons change and how they influence our daily lives-shaping the food we eat, the clothes we wear, and the activities we enjoy.

With expressive presentations, simple explanations, and lively performances, the young learners brought the concept to life in a way that was both informative and delightful. Their confidence and clarity reflected a strong understanding of the topic, while their enthusiasm made the assembly truly engaging for the audience. The presentation beautifully highlighted how learning becomes more meaningful when children connect it to the world around them.



## OPEN MIC - 'FINDING THEIR VOICE, ONE MORNING AT A TIME'!



At Excel Foundation School, every morning begins with voices ready to be heard. What started two years ago as a simple one-word-a-day vocabulary building exercise has gradually grown into a cherished daily Open Mic for Grades 1 and 2, now shaped by monthly themes and classroom learning. Following the morning prayer, the microphone becomes a bridge between thought and expression as every child gets a turn to speak, recite, narrate, or enact - often stepping into characters and bringing ideas to life. With no learner left behind, this consistent practice has nurtured a quiet yet powerful transformation from hesitant beginnings to confident communication. What began as an activity now stands as a culture that nurtures self-belief, attentive listening, and meaningful communication, reminding us each day that education truly begins when a child finds their voice.



# LITERARY, CULTURAL AND CO-CURRICULAR ACTIVITIES

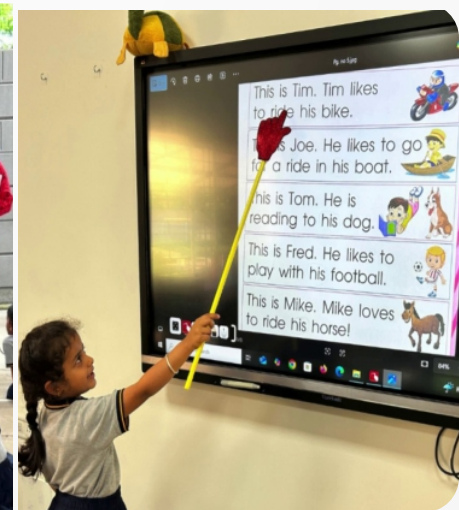
At EFS, learning does not remain confined to the pages of a book-it finds expression on stage, rhythm in music, and form in the creative work of young hands. Throughout the year, our learners engaged in a thoughtfully designed continuum of experiences, where stories came alive, creativity took centre stage, and confidence quietly blossomed. Whether moulding ideas with clay, expressing thoughts through dialogue, or finding their voice through singing and elocution, each experience encouraged children to explore, express, and evolve.



# LITERARY, CULTURAL AND CO-CURRICULAR ACTIVITIES

These experiences were meaningfully anchored in monthly themes, enabling an integrated approach to learning where concepts seamlessly connected across subjects and activities. One such engaging exploration was the theme 'Beyond the Sky,' where children ventured into the wonders of space, sparking curiosity and imagination about the universe around them. From story narration and mono acting to best out of waste and cooking without fire, every activity became a purposeful space for children to think, create, and communicate with enthusiasm.

This thematic integration ensured that learning was not fragmented, but holistic -nurturing cognitive, emotional, social, and creative development together. What truly set these moments apart was not just participation, but the spirit with which children engaged-with curiosity in their eyes, courage in their voices, and a deep sense of accomplishment in every small step forward.



## A SHARED LEARNING JOURNEY BETWEEN HOME AND SCHOOL!

The Weekend Task initiative became a beautiful bridge between school and home, bringing children and parents together through meaningful, engaging learning experiences across the Foundation School. Designed around concepts, themes, creativity, and fun, these activities transformed weekends into moments of connection - so much so that children and parents eagerly awaited each task, excited to explore and create together. What made this initiative truly impactful was the deep and active involvement of parents; when families engaged wholeheartedly in their child's learning, the journey became more harmonious, purposeful, and deeply enriching.

This sense of partnership extended beyond the weekend tasks. The consistent presence of parents during assemblies, watching their children perform and express themselves, naturally strengthened this synergy, making learning more meaningful and connected. From creative art and storytelling to playful thinking tasks and hands-on experiences, children expressed their ideas freely while sharing special moments with their families. Along the way, they developed creativity, early literacy, numeracy, observation, and fine motor skills with ease. It was truly heartening to witness the enthusiasm and wholehearted participation, as the initiative grew into a much-loved and successful practice - one that not only strengthened learning but also nurtured a meaningful partnership between school and home.

This mutual engagement strengthened children's confidence while also enabling parents to stay closely connected to their child's learning journey.



## In closing....

*As the journey continues, the commitment remains steadfast - to provide an education that is both enriching and enduring. While every effort is made to offer meaningful learning experiences rooted in excellence, equal importance is placed on nurturing values that shape children into compassionate, responsible, and humane individuals. Far beyond knowledge and achievement, it is the quiet cultivation of character, empathy, and integrity that gives education its true purpose and lasting significance.*

*'Education is the manifestation of the perfection already in man'*

*- Swami Vivekananda*