



Millet Mania-Unveiling the Nutritional Wealth

The Central Food Technological Research Institute (CFTRI) recently hosted a national-level poster presentation as part of the Year of Millets celebration. The event showcased the extraordinary diversity and nutritional benefits of millet. Among the participants were Aditi Bhat and Divija Arjun from class 12, who presented a fascinating poster titled 'Innovative Food Packaging System: A Review.' Their visually stunning creation incorporated a harmonious blend of colours, imagery, and typography, transforming the poster into attractive work of art. In addition, Nimileetha and Srilakshmi from class 11 also contributed to the event with their poster titled 'Rediscovery of Millets: A Review.' Their poster beautifully depicted the potential and significance of millets in our modern lives, akin to brushstrokes on the canvas of knowledge, painting a vivid picture for all to appreciate.