

“Action and reaction, ebb and flow, trial and error, change - this is the rhythm of living. Out of our over-confidence, fear; out of our fear, clearer vision, fresh hope. And out of hope, progress. -*Bruce Barton*”

Vol. 2, Oct.2011

## » CHANGE...

We don't grow in retreat, but through endurance.

Change is won by victors not victims;

Change does have victims. ...., though

Change will cause us grin or groan

Change draws out those hovering for a new way

Change isn't for the complacent.

It's for those on the move.

Let's keep moving. ....

Educational institutions must be agents of change.

Teachers, catalysts of social transformation, for good

Change changes the speed of time.

Change can be smooth or tough, depending on how we react to it.

It's measured by its impact on all who are connected to it.

Let's keep changing. ....

**It's better to change before we have to change,**

Then there will be less pain.

The choice is ours. ....

However. ....

.....Change is here to stay.

**Happy Reading!**

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**Mathew K G**  
(Principal)

# TEACHERS: AGENTS OF CHANGE



**Swarna Thimmaiah**  
Teacher, Kindergarten



You can never tell what type of impact you may have on another's life by your actions..... or lack of action. That's what " Make A Difference " movie tells us and I believe it is true. The beauty of teaching lies in the fact that children forget what we taught or said but never forget how we made them feel. This inspirational saying speaks volumes about how deep and noble this profession is.

Children look for respect, security and care which ought to be of utmost importance and always is in the teachers' list. Teachers have a unique opportunity of sharing their sense of wonder, involving them completely and allowing one idea spark into another. Instead of the dull, unimaginative and repetitive learning, just kindling their taste for a topic does the trick. By respecting individual differences and catering to them through lessons on friendship and forgiveness and by accepting each child's responses, we as teachers are very subtly playing a very crucial role of facilitating social change.

It is always said and known that the children are the future, which makes it essential for teachers to instil in their minds a sense of positive contribution towards the society they live in. Teachers have the power to make the world a better place and influence the kind of world this might be but to help bring that to life we need to be good role models for the new generation. That said, the questions of whether such a teacher would make a difference or not, whether such a teacher can act as a catalyst to change and whether such a teacher can bring about a moral consistency in a child are all answered in the affirmative.

**"What you leave behind is not what is engraved in stone monuments, but what is woven into the lives of others."-Pericles**



The life of the teacher is the first textbook the student reads." Dr. S. Radhakrishnan. APJ Abdul Kalam has quoted in one of his speeches that teachers are instrumental in moulding the students for the future.

Yes, teachers who kindle the interest of students, are the agents of change. Students spend more hours of their day with the teachers. So, the teacher can focus on values which will help in change.

Teachers have a respectful role in the society. They are like architects. They inculcate humanitarian values in the students. Teachers can develop bond of closeness with the students which is something beyond any other relationship and it lasts forever. They closely observe the behaviour of the students, assess their aptitude and ensure that students put everything effectively into practice. Only the teachers have the rare privilege to identify, kindle and bring out the dormant abilities of the students and make the changes in their life, because of their frequent interaction. Therefore, teachers have the ability to shape the future of the society!

The fullest personality in a student can be brought out by the teachers and make the students useful to themselves, their family and the society. This change can be made only by teachers. So, teachers *are* the agents of change.

**Reshma Rai**  
Teacher, EPS



# TEACHERS: AGENTS OF CHANGE



**Poonam Ananthamurthy**  
Teacher, EPS



*"We must be the change we want to see",* said Mahatma Gandhiji.

I would like to share an incident that serves me as a reminder of the change a teacher can bring in the lives of her/his students. I used to help the Kindergarten students with English reading in New Jersey. The students were five-year olds. One of my students was very talkative and was not fond of reading and writing. He would narrate at length about his weekend activities. In the beginning, I would step in and cut short his conversation and get him to reading but he would be restless during reading time. He would look for ways to talk again. One day, I thought that the best way to deal with him would be to allow him more time to share what he has to say. So I decided to give it a go. He said, "You know, this weekend I watched Barbie and three Musketeers. Have you ever watched it?" I said, "Yes I have watched it many times because my daughter loves Barbie movies". He said, "Though I am a boy I love to watch Barbie films. Is that OK?" I said that there's nothing wrong in that. To my surprise, he stopped disturbing the class with his weekend details and started reading his books with a lot of interest and would say that reading is fun. He learnt his sight words too. I observed that he disliked writing. I discovered that the reason could be the way he held pencil between his four fingers (as most Americans are taught). He found it difficult to write this way. I asked him if he would like to try the Indian way of holding the pencil. To my joy, he liked the new grip better and started writing words. He later said, "Writing is not that difficult."

Perhaps I brought a little change in the boy's life but the truth is that he brought in a greater change in me. I realised that no matter what subject we teach, the first thing we need to do is to connect with our students and build rapport with them. This will create a safe and conducive environment for teaching-learning.

One can never forget the high school memories. One such unforgettable incident is the change our Class Teacher brought in us. One day our entire class was punished because of the prank played by a few boys. We were asked to stand in hot sun for the whole morning session. To our surprise, the class teacher stayed with us and said that if the punishment is for the whole class then she too is responsible because she is the class teacher. Her statement moved us deeply and she brought about a change without punishing and yelling. Such teachers leave a heart print on us to cherish for lifetime. They are the agents of change who add colour to our life!

## OPENING DAY

### FIRST DAY @EPS



It was Wednesday, the first of June. This was my first day in high School. Like a mountaineer who climbs over the Himalayas, I was thrilled. I was looking forward to a year in which every day would be full of adventure and a new chapter of knowledge would be opened. It was a day of mixed feeling. I was happy to see most of my friends but also missed my old friends because it was my new school. I could see some new faces with whom I became friendly. On everyone's face, I could see confidence. The boys and girls were feeling more independent as they had come to high school. I myself felt so. Perhaps, the best part of the day was to find a very fine and friendly teacher, a teacher who makes everyday a beautiful day. She introduced herself and asked the names of all students. Her name was Nagashree. She was smiling and cheerful. She made our day.



**Yohan S**  
Class 8th

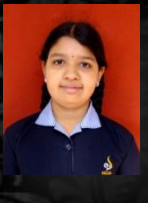
### AN EXCITING EXPERIENCE



Every year my parents provide me and my brother with new sets of uniform, new bag, new shoes, new socks, new lunch bag and new water bottle, but this year it was, new school, new teachers and new friends in a new environment. I was so excited that I got up very early to get ready for the school.



I boarded the bus around 8.30 am. I was happily welcomed by one of our teachers inside the bus. The school started with the prayer (ITNI SHAKTI HAMEIN DENA DAATA) the music and lyrics of which I liked the most. I entered my classroom and met my new friends. Our class teacher entered and she was very kind. Here, in our school, the students are allowed to express their views freely. I was amazed by the school's infrastructure and the teachers. I jumped with joy when I went home and started narrating my first day's experience to my parents.



**Lavanya Ravi**  
Class 6th



I was filled with excitement when I reached school. Even though I was not a new student, the thought of meeting new students and teachers just made me even more excited. I went to my new classroom, kept my bag and went to the ground floor. Few students who studied here last year were guiding the students to their classroom, and I too helped them. We went to our class and saw a lot of new faces. At first, I was a bit shy to talk to them but later we talked to each other. Some of the students were equally shy because they were new to our school. We were happy to see our old classmates after a long period of time. Our class teacher came in, we had an assembly, then we had Circle Time, in which we introduced ourselves and talked to everyone. We had lot of discussion and activities. We also made new friends from other classes. I was happy when the day was over. We bade goodbye to our friends and got into our bus. I was eagerly awaiting the next day.



**Aneeta Mathew**  
Class 6th

## OPENING DAY

### SCHOOL REOPENING



The day before school reopening day, I was very happy. I got in to the bus with lots of happiness but when I reached school, I was little scared thinking of how my first day at the new school would be. "Will my new friends be friendly to me?, will the teachers be good to me?" However, when the classes began, I felt very happy to meet the teachers who taught me through games and activities. I liked the environment of the school. They taught us like our parents. I made new friends. After a few days, we celebrated Environmental Day when we watched a film about our Earth and how we are destroying it, I felt very sad and I wanted to do my part to save Our Mother Earth . Some of the things I could do were, using my bicycle, or walking to reach short distances, growing plants in my house and using cloth bags for carrying things. The next day, we planted saplings in the school campus and watched a power point presentation where we were shown how we are destroying Mother Earth. We were told to use paper bags and cloth bags instead of using plastic bags. They had made a few samples of it and taught us to make it ourselves.



**Lakshmi M**  
Class 8th

### RIDDLES

1. Why can't you keep a clock in jail?
2. What day do the fish hate?
3. What do you call a bear with no ear?
4. Where did the computer dance?
5. Who has an eye but cannot see?
6. What cups can never be used for drinking?
7. Why can't a leopard hide?
8. Which is the strongest day of the week?

1. Because time will run out 2. Fry day (Friday) 3. "B" (B-ear) 4. Disk-O 5. Needle 6. Butter cups 7. Because it is spotted 8. Sunday, because the rest are week-days (weekdays)

**Priyanka Belur**  
Class 6th



### THE FIRST FEW HOURS AT EXCEL PUBLIC SCHOOL



The time was 8.30 AM. The day 1-6-11. I stood at Hampi circle (my bus pick up point), anxious and excited. I was going to a new school after two months of summer vacation. It seemed a long time before the bus arrived. I hurriedly got in to the bus which had a strange atmosphere. No one in the bus knew me, nor did I know any of them. Before I could realize this, we had entered the school campus. Though I had visited the EPS campus several times earlier to participate in special programs, today it appeared entirely different. It was my school, I was a student here. I began climbing stairs not knowing on which floor my class would be. I was one of the first few students of class 8 to arrive in the school. We said 'hello' to each other and waited nervously for the teacher to come. It was Gubain Ma'am who met us first. A short talk by her soothed our nerves.

9.30 AM. The bell rang and the first day of class 8 at EPS began with the assembly. After the school prayer, our principal Mr. Mathew gave us the do's and don'ts and rules and regulations to be followed. After the talk, we sang the national anthem. Then, we returned to our class in a file, like ants going in search of a new colony. The 8<sup>th</sup> std. classroom on the second floor would be our nest. We will learn lessons, life skills and love for the people in this nest. I felt very happy. Thus began my High School days at EPS after two months of jolly summer. The day will remain etched in my memory .

**Revanth Sharma**  
Kollegala  
Class 8th

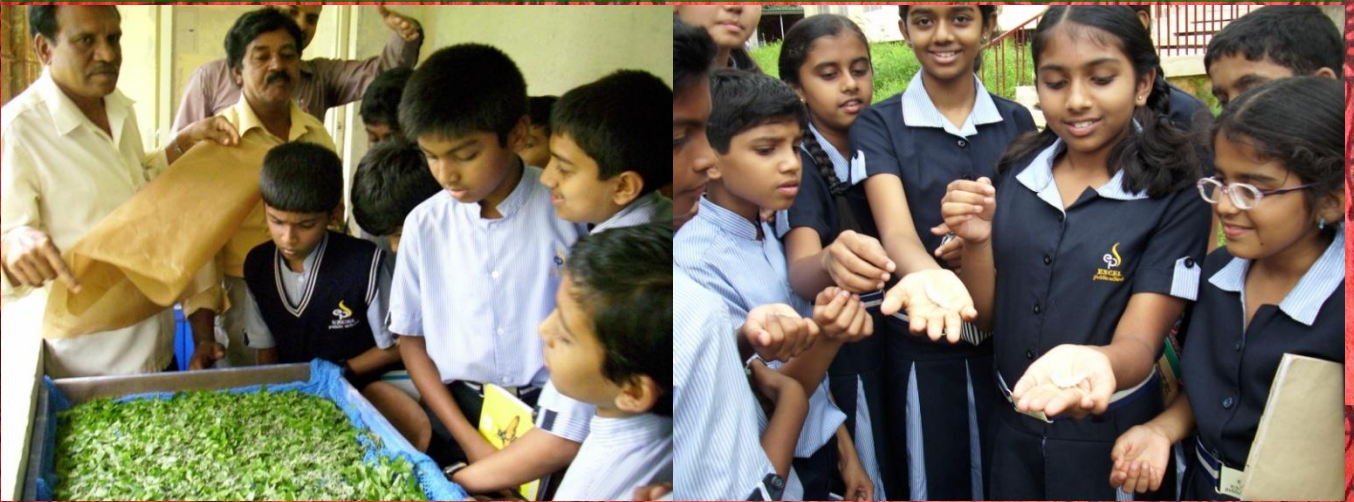


# WALKING THE SILK ROUTE

A Trip to CSTRI

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As part of learning activity, the students of classes 6-8 visited the Central Sericulture Training & Research Institute, Mysore (CSTRI). It was a firsthand experience for the students to know about the life cycle of silkworm. The students gathered extensive information about rearing silkworm and mulberry plantation. They also studied the history of the silk worm's entry to India. Some of the varieties of silk that are produced in India are Tassar, Eari, Muga and Mulberry.



“

The trip to the silk factory was real fun. When we were about to start the journey I heard a lot of people saying that we were going to Nanjangud. But when we got down from the bus I realised that we were not in Nanjangud but some place on Mysore-Nanjangud road. We were welcomed by a person who works at the silk factory. He explained to us about mulberry plants and that the best quality of silk is called VICTORY-1. We were then given a tour of the factory. I saw a lot of healthy and green mulberry trees. After a long walk we got a chance to see 18-day old silk worms. They were so cute and tiny, just a little bigger and fatter than ants. The caretakers gave us two fully grown silk worms. At first I was quite scared to touch it, but when I did, I realised that it was so.....soft! On the way back, we had our snacks and sang songs in the bus. I entered my class filled with information about silk worms. This was one of the best trips I ever had with my friends.



**Adithi Gurkar**  
Class 6th



# THE GREAT OUTDOORS

## TRIP TO BILIKERE FARM

“ 30<sup>th</sup> August 2011. The students of classes 3 & 4 went to Bilikere farm for an extended learning activity. Combining the activity of Great Plant Hunt, they went to the farm with and observed different weeds which are very useful. They learnt the process of making natural manure and cultivation of crops. The students enjoyed themselves and had lots of fun as they freely played in the farm. All the students were offered tender coconut as refreshment which they drank with joy. On the way to Bilikere farm they visited a brick factory and saw the process of making bricks. They also visited a poultry farm and were given a guided tour of the farm.



# THE GREAT OUTDOORS

## KINDERGRTEEN DAY OUT



The kindergarten teachers had a surprise in store for the tiny tots. The little ones were unaware of what they would be doing that day. After the assembly, their joy knew no bounds as they headed towards the school bus.

By the time they sang the fifth song, we were at the gates of Cheluvambha Park. The statue of Swami Vivekananda was surrounded by brightly coloured flowers. The children were thrilled to see the butterflies fluttering from flower to flower. They watched the fish that were swimming around the water lilies and tried counting the legs of a millipede that was climbing up the steps.

For a change, they had their snacks amidst the flowers which they found very exciting. After a few games like 'In the Pond, On the Bank' and 'The Wolf and the Lamb' it was time to head back.





# THE GREAT OUTDOORS

## MATHS MAGIC @ BRICK KILN

“ As part of extended learning activity, students of class 3 & 4 visited a brick kiln located on Hunsur Road, Mysore. They gained hands on experience of how the sequencing takes place. They interacted with the brick layers and enquired about the whole process of brick-laying. They also gained an insight into marketing and the hard work that goes into laying the bricks.

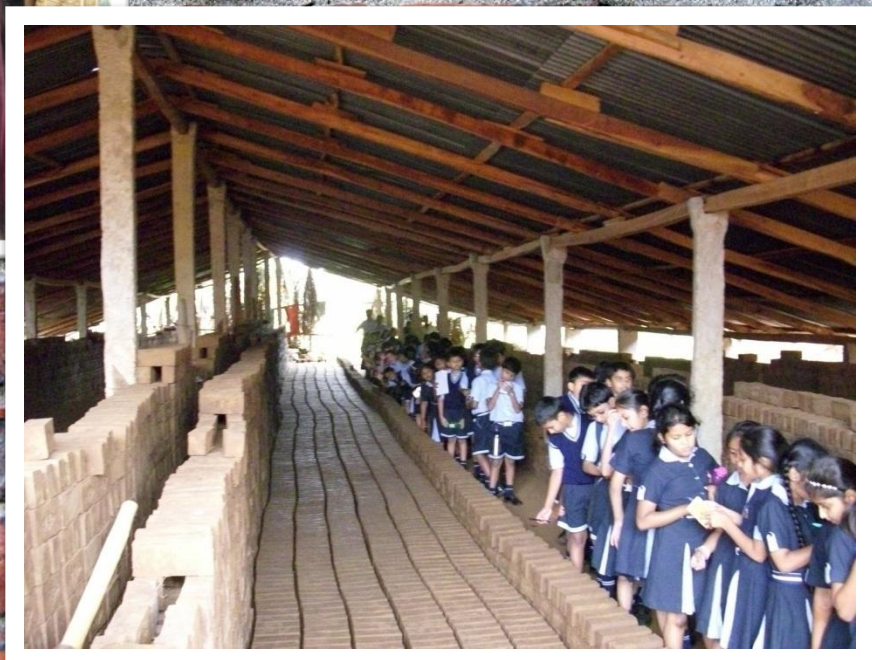


“They use sand, mud and water to make the bricks. They put the clay in the mould, let it set for a while, tap it and take it out. They make about 3200 brick per day. There are 20 workers in the factory. The cost of one brick is Rs.5. They make the brick so fast that in one minute they make 10 bricks. They work for eight hours everyday.”  
Palgun N P , Class 4<sup>th</sup>



“Our teacher took us to a brick factory. There we saw workers working magic with mud and making blocks of bricks. The workers were working hard and quickly. In the other factory bricks were being made from cement and concrete.  
Sunidhi Gurkar Class 4<sup>th</sup>

“I enjoyed our trip to Brick Kiln. First, we went to a cement brick factory. They were using a machine to mix the cement and concrete. The machine was too noisy. We had to close our ears.” Mokshitha Class 4<sup>th</sup>



## THE WAVING FLAG



### INDEPENDENCE DAY CELEBRATION

"The 15th day of August, 2011, a day when Indians get up with a lot of enthusiasm and high spirits. On this day, we celebrate the Independence we got from the British after they ruled us for about 190 years. My old school organised events for Independence Day which were almost the same every year and I had got bored of the same events. 'Time for change!' as the current President of USA had said when he took oath of his office. At around 9.30, we assembled near the flag-post. We started proceedings as the School Choir sang the National Song - Vande Matram. Then, the Chief Guest of the occasion Rev. Dr. Jose Aikara, Chairman, ICSE and Principal, De Paul International School, Mysore, hoisted the tricolour as we bowed to it and sang the National Anthem 'with full fervour. We were then led to take the pledge. We then moved to the foyer, where without the interference of weather the remaining part of the programme was to be held.



At the foyer, we were given a brief introduction on Rev. Dr. Jose Aikara by Mr. Mathew K G, our Principal. Then, there was a dance presentation by the toddlers of Pre-school. Dr. Jose Aikara also gave a meaningful message about the importance of Independence Day and the development of our nation after Independence. His speech was educative and inspiring. The students of Class 2 presented us with a Kannada patriotic song. Then, it was the turn of one of my friends to address on the relevance of Independence Day. Class 2 students presented a sweet Hindi patriotic number. The action song by the Kindergarten students and the Kannada patriotic song by the School Choir added to the mood of celebration. There was also a foot tapping dance presentation by the senior girls. Mr. H M Prashanth, the School Correspondent, in his vote of thanks shared a very humorous Kannada poem about a British Officer. I've etched this celebration of Independence Day in my memory and I am sure I am not going to forget this event.

## SAFE DRIVE: Road safety awareness campaign at excel public school



Accidents hurt -- safety doesn't. It is with this theme in mind that Excel Public School, Hootagalli, Mysore organized a Traffic Awareness Programme on 6th September, 2011. Inspector Mr. Mohamed Irshad, of Devaraja Traffic Zone and his Team gave a presentation on road safety and traffic rules which was followed by an interaction with students. It was a lot of learning outside the regular curriculum for the students.

The students were shown real videos and clippings compiled of traffic violations and accidents in Mysore. A lot of informative displays, conveying messages of road safety, and casualties caused by lack of respect for traffic rules created in the students a sense of urgency and need for following road discipline. They were introduced to traffic monitoring technology including CCTV networks used to help monitor traffic violations, thereby saving lives. The students were also shown the Traffic Interceptor and its functionalities.

The younger children thoroughly enjoyed the funny yet very informative animation movie which was specially designed by Walt Disney for creating traffic awareness. ASI Mr. Mari Gowda, Constables Mr. Raghava, Mr. Suresh, Mr. Yogendra, Mr. Lokesh and Mr. Chandrashekar were also part of the Team.



"...All of us saw a Walt Disney cartoon movie about road safety. There were some traffic policemen. We also had many questions to ask and we got the answers to the questions. They also told us why a single or double line is used to mark the roads." **Neeharika Thangamma 4<sup>th</sup>**

"we saw car accidents and four wheelers damaged in accidents. We saw injured people suffering with pain.....we learned that we should wear helmet while riding two-wheeler. We learned traffic rules and regulations."

**Divya TJ 4<sup>th</sup>**

"They were all very bad accidents. I was feeling very sad that it happened.....If they wore helmets while riding and drove slowly they would not have had met with accident and died.. **Monika LR 4<sup>th</sup>**



## YOUNG DETECTIVES



Whenever I heard about a crime or something suspicious I would enquire about it or I would read about it in newspaper. What I liked most about the Detectives is that they start finding clues like hair samples, footprints, fingerprints etc. When I heard about this Forensic Science Program I was so excited that I was the first one to give my name to the teachers. We were divided in to various teams like CID, FBI, NIA, Scotland Yard etc. We were given crime scenes and we had to investigate and find the culprit. We were given the instance of chain snatching. We guessed who the culprit was and got it right! I think this is one of the best events that I have ever attended.

**Yohan S**  
Class 8th



“Young detectives” sounded great to me. When I heard that our school is conducting an event called the Young Detectives I was jumping with joy and told the other students about this event. I then asked my friends what the event was about but none of them had any idea. The following day I was almost dreaming about the event the whole day and could not focus on anything else. I was eagerly looking forward to the event. We were divided into 5 groups. I was in the Scotland Yard group. The teachers taught us how to identify the culprit and how a detective investigates. Every team was given a crime story on which we had to do the research. The story given to our team sounded very complicated to me. It took an hour for us to nail the culprit. It was the Underworld Don! We submitted our research papers to the teachers and thus ended my day filled with fun and learning.

**Riya Johnson**  
Class 8th



## THE AFTERMATH: Hiroshima & Nagasaki Day

### Lessons to learn from Hiroshima & Nagasaki



Atomic/Nuclear warfare is extremely destructive and the whole nation and its population can be destroyed in an instant. The nuclear fallout will last long after the war has ended and the radioactivity can cause many other kinds of horrible diseases to the population also to next generations who are in no way connected with the war.

The World war is long over but the people of Hiroshima and Nagasaki still live the curse of the fateful day of August 6 1945.

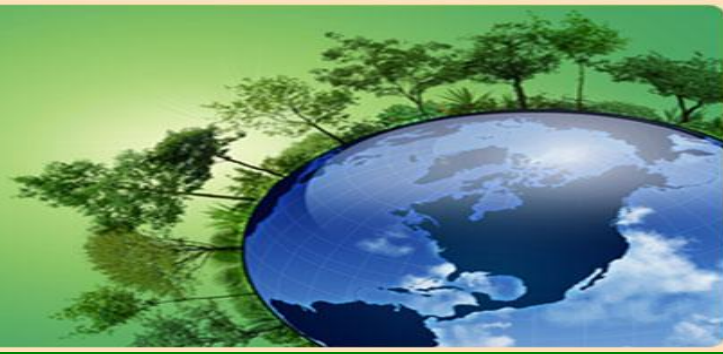
To educate the students of the grim reality of Nuclear war and how to prevent it, the students of Excel Public School observed the Hiroshima and Nagasaki Day.

“On 9<sup>th</sup> August our teacher told us to move towards the auditorium. We wondered why? But as we settled in the auditorium we realised that it was Nagasaki Day (the day when USA dropped Nuclear Bomb on Nagasaki). We were silent feeling sad. Then Kiran Sir showed us a PowerPoint Presentation and a few videos. We asked questions and started discussing. Sir also showed us the testing of nuclear bomb in the Pacific Ocean. He showed us the disaster in Japan-the bloodshed, debris and loss of life. Further discussion with him led to divergent views on the use of nuclear bombs among the students. Some students were in favour of using nuclear bombs and others were against it. The much enlightening event ended after a healthy discussion on the boon and bane of nuclear firepower.

Vijay Ravi  
Class 8th



# WORLD ENVIRONMENT DAY



## W.E.D



As most of us know, 5<sup>th</sup> June is “United Nations World Environment Day”, but, do we know why we celebrate this day? When did the United Nations set aside such a day? Well, I will tell you about it, and also how we celebrated the World Environment Day in our School. This is a day that raises awareness of the environment and enhances political attention and public action. The idea of this project came up in the United Nations congruence on human environment that was held from 5<sup>th</sup>-6<sup>th</sup> June 1972 and was established by the UN General Assembly in the same year. The first “World Environment Day” was celebrated on June 5<sup>th</sup> 1973. WED is hosted by a different city with a new theme each year. This year, it was hosted by New Delhi India and the theme was “Forest nature at your service”, as 2011 is also the “International year of forest”.

On 8<sup>th</sup> June we were shown a presentation on how the environment is getting polluted due to our activities and how we can prevent it from getting worse. We also saw a film on how the world was before and how we humans have almost ruined it. On 10<sup>th</sup> June, we started our day by planting saplings. Each class got saplings to plant. Then, we saw another detailed presentation showing how we are ruining the environment and how we could save it. We got chance to share our thoughts on how we can save the environment. From power point presentation to collages, to videos, to beautifully decorated paper bags, our school showed us the ways in which we could preserve our environment.

So this is how we, at EPS, celebrated “WED” and have pledged to do our bit to save our environment and planet Earth.

**Shreya Jambardi**  
Class 8th



# Happy

## PI DAY

“

Excel School Solutions a division of Excel Soft Technologies Pvt. Ltd. conducted an event “Pi-Day” on Tuesday the 19<sup>th</sup> July 2011. The Pi Day is celebrated all over the world on 22<sup>nd</sup> July. This event was organized for students of Grades VI-VIII of our school.

The aim of the event was to explore the value of Pi, learn the relationship of a circle’s circumference with its diameter and to know the applications of Pi in different fields of science. Additionally, the objectives included understanding the historical significance of Pi and recognizing Pi as an irrational number. The specified objectives were achieved through a series of effective activities. The activities that were carried out comprise of using different sized paper circles to find the constant ratio of circumference of a circle to its diameter which gives the approximate value of Pi. The students also used different methods to find the diameter of circular objects and then calculated the value of Pi. The event also included a brief presentation on the history of Pi.



# TEACHERS' DAY

## TEACHER



Teachers play a very important role in our life. They teach us, mentor us and show us the right direction. They are as precious and important to us as our parents. They provide us moral support and teach us values. They also help us in difficult situations when we are sad. They play with us and they also make us learn new things. They help us become future leaders.



**Ishita Gulati**  
Class 4th



I was at school and was going to take up a special task, photography. I had dreamt about it all night and woke up at around 5.15 am. The reason for this excitement was that it was the 5th of September, Teachers' Day. I was extremely excited because we would get a chance to express our gratitude towards the teachers. We also get a chance to perform our talents.

At 9.20, the students of EPS gathered at the foyer. We started our day as we always do by singing the School Prayer with great enthusiasm. Then, we started our Teachers' Day proceedings with Principal Mr. Mathew K G, lighting the lamp.



As part of celebrations, the students of EPS gifted a greeting card and a flower to each teacher. We also showed our gratitude by clapping as the teacher came on stage to receive the gifts.

The students and the teachers were welcomed with a speech by Aneeta of Class 6. It was indeed 'heart-whelming'. We were entertained by a sweet and melodious Kannada song sung by the students of Class 1. Another song in English was tweeted by the students of LKG and UKG.



The students of Class 5 presented a poem in a beautiful manner. It was indeed presented in a wonderful way. We also witnessed a dance performance by the students of Class 3, 4, 5 who danced to the tunes of Zoobi Doobi. Then, we also saw an inspirational drama by the students of Class 8. It was very humorous. No one could control their laughter! Even the Principal couldn't sit quietly! Of course, students of Class 8 were given a big round of applause by the gathering.



After having our snacks we went down to the foyer with great curiosity. Prashanth Sir was also present. Then, Mathew sir said that the surprise event was that a world renowned magician was going to perform at EPS.



## TEACHERS' DAY

He explained that the magician had performed his magic in various countries such as Dubai and Singapore and he was known to the world as 'Jadugar Samrat Shenoy'. I was very curious about the magician as I also know some magic. I also wanted to watch closely and try to figure out his tricks. But, all that I could do was only stare at him in amazement! Such was his magic. Mr. Shenoy's tricks set the crowd alive, cheering and staring with amazement. He also taught us a magic trick as we bid adieu to him.



Our joy was not over yet! We raced down to the foyer as we heard that it was time for the teachers to play games. The teachers enjoyed themselves as they relived their childhood. The students also had a wonderful time cheering for their favourite teachers. I am sure that I will remember this day forever.



Revanth Sharma Kollegla  
Class 8th



## TRAINING WHEELS



As iron sharpens iron, one man sharpens another”

EZ Vidya, Chennai has tied up with Excel public School and has been providing ongoing training to teachers of EPS and has equipped the teachers with better teaching tools and techniques for enjoyable teaching-learning experience.

The EZ Vidya training took the teachers through an experiential cycle of observing, assessing, delivering and evaluating their own teaching. They reflected on their teaching style and experienced new approaches to learning through which they eventually adapted themselves to their students' specific needs.

This workshop helped them to understand how they, as teachers, can apply instructional tools meaningfully in teaching-learning activities. The brain-based learning helped the participants to get acquainted with the basic structure and functions of the brain with special emphasis on the teaching-learning context.

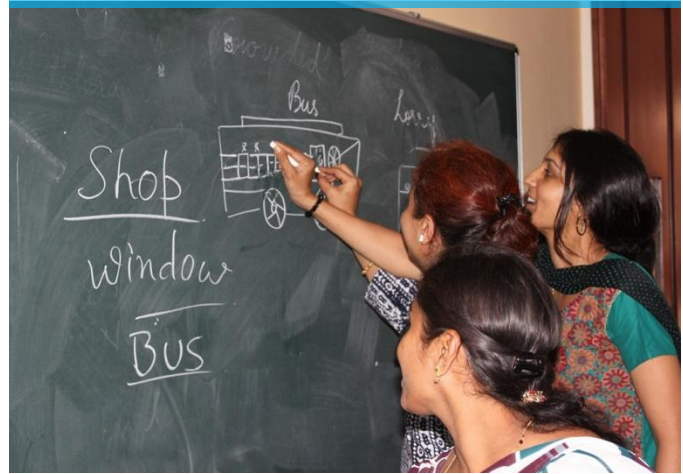
The focus on Creative Thinking, where the participants were guided to discover and understand the four aspects of creativity that is fluency, elaboration, originality and flexibility and Critical Thinking, where the participant teachers were made aware of the need to foster the questioning spirit in learners was very interesting.

The discussion on Multiple Intelligence assisted participants in redefining intelligence and arriving at a comprehensive teaching-learning approach that recognizes and nurtures the intelligence of children in diverse domains. Teaching for understanding was introduced in this session and the participants were encouraged to realize the importance of backward design.

The CCE session which is the Continuous and Comprehensive Evaluation for CBSE schools,

oriented the participants to the WHAT and WHY of CCE, it focused on HOW this process can be effectively applied to achieve its objective and it covered the methods of assessment and designing of rubrics for the evaluation procedure. The session concluded on fine tuning the assessment and evaluation tools. This training imparted a more focused approach to the whole system of evaluation by making the teachers understand the need for such evaluation, select relevant evaluation tools, and design relevant rubrics.

The Chief Facilitator of the programme was Mrs. Jayashree Ganesan



## TRAINING WHEELS

### A DAY WITH MS. JUDITH



The main objective of the workshop was to generate awareness among the teachers about the importance of allowing children to ask questions, the significance of group work and helping children solve their conflicts themselves. She stressed on the importance of making agreements with children right from the very beginning so that they understand what is expected of them. Our perception of the value of planning was immensely broadened. The workshop was helpful in widening our understanding about the need for giving children immediate feedback.



After a child gives a presentation it is vital to give a highlight (positive feedback) first and then a wish (wanting them to improve on a particular criterion). The session was very interactive, interesting and informative.

Mrs. Judith is a Senior teacher from United States and is on a volunteer service in India.



## ALL ABOUT 'HEALTHY' SMILE...

On 8<sup>th</sup> and 9<sup>th</sup> of September, the students of EPS had a special programme, a 'Dental Awareness Programme' by Dr. Sangeetha Madaiah, who is also the parent of Eshaan Chengappa of class 2. The programme turned out to be not only educative but also interesting. Essential aspects of oral hygiene were presented to the students in a very creative and unique manner by the resource person.

She demonstrated the method of brushing the right way by using a dentist model. She explained the importance of controlling plaque and tartar build up and made the children aware that brushing and flossing are most beneficial in keeping teeth and gums healthy.

Dr. Sangeetha focused on the necessity of choosing the right food in their diets as it is an important aspect in having healthy teeth and good oral hygiene. She insisted on good nutritional habits in childhood which forms the base for good eating patterns and food choices throughout their lives.

The children thoroughly enjoyed learning about teeth, the fun way.



" I like what she told us that we should brush our teeth twice a day. She showed us how to brush our teeth. Now I brush my teeth twice a day". Deekshitha B S- IB

" She told us about teeth and that we should keep our teeth clean. We should keep our new teeth carefully because they will not grow again". Neal Utthappa- IB

" Dentist has cleaning things. He removes our teeth and also takes away the pain from our teeth." Anvita Mathew- II C

" If we don't brush our teeth twice a day we may have toothache and we may not be able to sleep at night". Amrutha Vijay - II B

"..When we eat sweet things and don't brush our teeth, the germs will grow. We should brush every side of our teeth. Siri Krishna- II A

"The dentist came to our school one day. We learnt about teeth. She taught us what would happen if do not brush our teeth and why should we brush our teeth. The dentist had fake teeth and large brush". Punya Bopanna- II A

" Do not eat more chocolates, it is bad for our teeth. Brush your teeth in circles and do not hurt your gums while brushing". Niyathi II A

" The doctor told us many things. She asked, "who has dental cavities?" Many children told that their brothers have a cavity. She asked the names of whole class." Chaitnanya Rao- II C



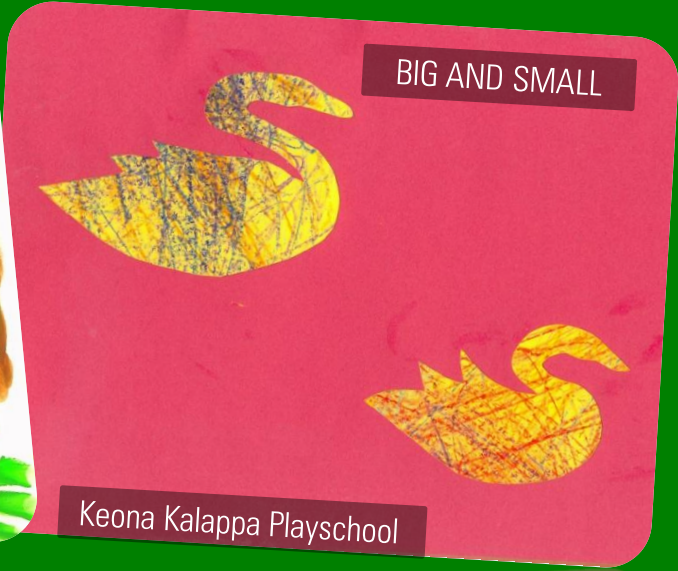
KIDS' KORNER

FINGER PAINTING



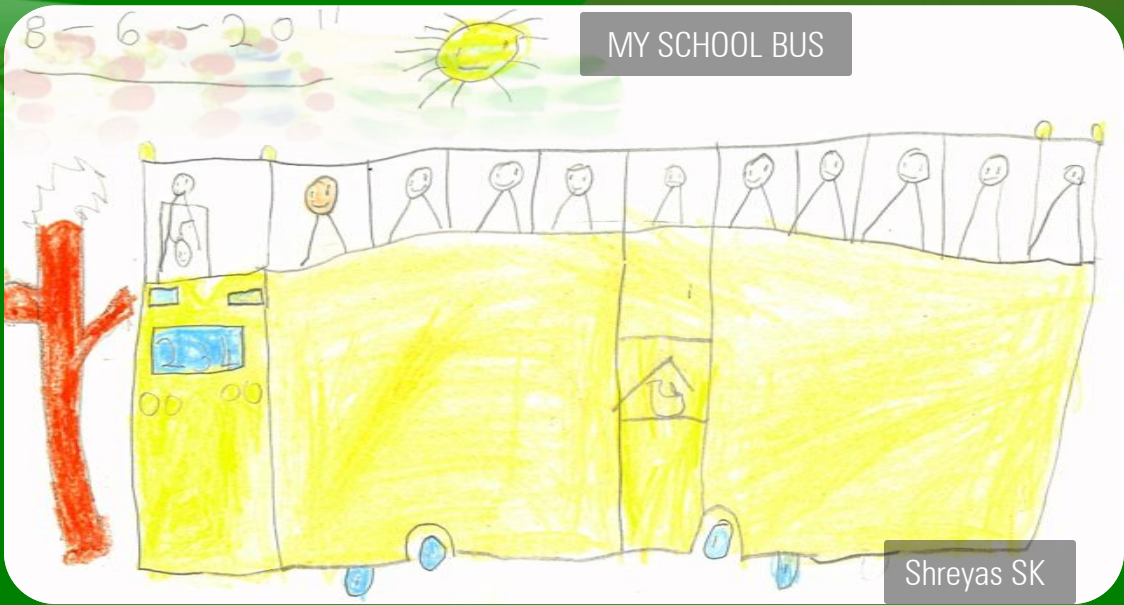
A B Dhyan Devaiah.

BIG AND SMALL



Keona Kalappa Playschool

MY SCHOOL BUS



Shreyas SK

SYMMETRY ART



Reethu Lkg

FLOWERS



Thashika PM

# KIDS' KORNER



COLOURING

Grapes



Kushi M Lkg

FINGER PAINTING



Aditi Bhat

THE MAZE-Finger painting



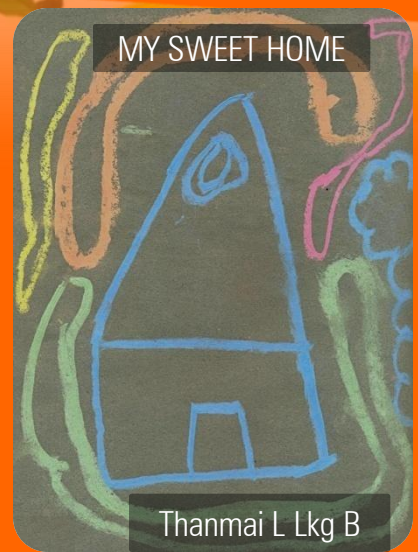
Karan K Raj

TURKEY WALK



Keerthana S

MY SWEET HOME



Thanmai L Lkg B