

The Excel Chronicle

News bulletin by the Excelerate Club

FROM THE EDITOR'S DESK

Welcome to the first edition of 'The Excel Chronicle 2023-24'.

Words have the potential to shape perceptions, influence actions, and create connections between individuals and cultures. We at 'The Excel Chronicle' hope to positively impact every one of our readers. This edition is filled with stories, memories and art of students' lives, here at Excel Public School. The activities in our school, during the months of June and July, have been recorded in the pages that follow. A few of the various submissions of short stories, artwork and poetry have been handpicked for this edition.

If you would like to see your work in the upcoming editions, be sure to send them to 'theexcelchronicle@gmail.com'

Read. Dream. Grow.

-Cathlyn Ronya Paul

HEADLINES

GRADE 11 AND 12

The first couple of months at school was all bestrewn with a series of events, to augment the direction and purpose of our students at the senior secondary level.

Business Raconteur

In the month of June, our students had the privilege of attending a session, on the Art of Business Storytelling, by the renowned speaker Pradeep Yuvraj- the Managing Director and Chief Storyteller at Prezantim – a pure-play presentation strategy and design team. This session aimed to enhance the students' communication and presentation skills, emphasising the importance of storytelling in the world of business. Our students gained valuable insights into the power of storytelling and its impact on effective communication and engagement.



The Investiture

At the Investiture Ceremony on 29 July, the newly elected council members were honoured and entrusted with the authority to formally lead the student community. Mr. Jayachandra Raju P, Founder and Chairman of Daksha College-Global Education Trust- The Chief Guest of the event, inspired the elected young leaders to be disciplined, respectful and responsible. By repeating the oath administered by Our Vice Principal Ms. Gubain Mathew, the Prefects for the various posts were sworn into their duties. The event served as a platform to inspire and encourage leadership qualities among the students.



IC3 Forum - Setting Goals Aright

Our school bustled with zest and gusto as it hosted the 29th IC3 Regional Forum, 2023 - on the 15 of July. The IC3 movement is committed to sensitizing and empowering schools about their responsibility towards providing guidance to effectively help students conceptualise learning. After steering a Yoga session in the morning, Mr. Ganesh Kohli, the founder, led two counselling sessions based on transforming schools through career counselling. The third session included a panel discussion on 'The Role of Schools in the Emotional Well-being of Students' facilitated by Ms. Padmashree, co-founder of Bhaavtharang. The panelists included a psychologist, a counsellor, a teacher, a parent and a student.

University Colloquium

The IC3 Forum was followed by the interactions of students with the representatives of several reputed Universities around the world. Through their engagement with the representatives, our students gained insights into their academic programmes and career prospects. Their presence and support contributed significantly to the success of the event, inspiring students to explore their passions and make well-informed choices for their academic and career pathways. The scintillating dance and singing performances presented by our students, added vibrancy to the remarkable and enriching event.



The Quest

A captivating event unfolded in the form of a thrilling Inter-House competition, within the buzzing atmosphere of our school. Enthusiastic students from all Houses came together to participate in an exhilarating treasure hunt that brought out their strategic thinking, teamwork, and problem-solving skills. The treasure hunt, an engaging blend of adventure and camaraderie, saw teams navigating through a series of cleverly designed challenges. Clues and riddles led them to various locations across the school grounds, where they had to unravel puzzles and complete tasks to move closer to the ultimate prize. Each House exhibited an incredible spirit of unity and friendly rivalry, as students collaborated and conquered obstacles.

In another exciting activity, a group of ten students from each of the four Houses competed with each other to win an Obstacle Race. They had to beat the time of the other Houses in ten events that included basketing the ball, running 100mts, flipping tyres etc;



Radio Waves

On 8th July 2023, the students of Class 12C embarked on an exciting trip to the FM Radio Station. This visit aimed to provide the students with a 'behind-the-scenes' look at the workings of a radio station. The students had the opportunity to observe live broadcasts, interact with radio professionals, and learn about the different aspects of radio production



Exploring Food Science at CFTRI

The Class 12 trip to CFTRI on 7th July 2023 was an enriching and enlightening experience for our students. They interacted with renowned scientists, witnessed cutting-edge research being conducted in the field of food technology and gained practical knowledge. This trip not only broadened their understanding but also inspired them to explore further possibilities in this dynamic field. It was a remarkable opportunity for the students to witness the impact of research and innovation on the food industry and also to present a poster regarding the same. The poster presentation fostered a collaborative atmosphere, welcoming CFTRI staff and external visitors alike to engage in knowledge sharing and exploration. From cutting-edge Food Processing Technologies to enlightening Nutritional Studies, from the critical aspects of Food Safety and Quality to Food Product Development, the posters offered a glimpse into the multifaceted world of food science and technology.





Earthy Creativity

The design students of Class 12 attended a captivating pottery workshop at the Hobby Place on 12th July 2023. This workshop aimed at fostering creativity and artistic expression among the students. Under the guidance of skilled instructors, our students learned various pottery techniques, created their own unique pieces and gained a deeper appreciation for the art of pottery.

GRADE 10 AND 9

The mettlesome group of our secondary section too were engaged in a sequence of activities bringing out their innate talents.

“साहित्य एक दर्पण” (Sahitya Ek Darpan)

A spectacular event by the Hindi department on 15 June showcased the beauty of Shri Munshi Premchand’s stories through skits, songs, speeches, and dances. What was even more awe-inspiring was that the entire programme was directed and organised by the Class 10 students. Incredibly well-directed and well-acted, it was a beautiful display of students’ talents through inspiring dramatisation and story-telling. Not only was this programme entertaining, but it also propelled us to raise our voices and stand up against the social issues faced by many in today’s world. In short, the spectacular show enthralled the audience and was borne in the hearts to be cherished by all.



Larga Vida Mexico

Sections 10D and 10E showcased their learning about Mexico through a “Mexico Day” organised by the English Department. Our students, who had been learning a story based in Mexico, put up a feast which consisted of colourful and delectable Mexican dishes. From nachos to tacos, and from authentic Mexican dishes such as quesadillas, all the way to Indo-Mexican fusion dishes, our students left everyone’s mouth watering with their scrumptious delicacies!



Students of 10C celebrated Mexico day with enthusiasm. They took everyone on a colourful journey through Mexican culture, by showcasing Mexican artwork, Mexican delicacies, and also included a captivating and fun-tastic mini - music and dance performance.

Navigating Your Future

The Social Studies Department organised a career-counselling session for Class 10 students in the month of June. The guest speaker, Mr. Aakrith Harikumar, an aspiring student of Humanities, was invited to this session to highlight the career opportunities in the field of Humanities. He delved into the significance of expanding the mindsets of our students to accept this Domain as a respectable career field and also provided tips and suggestions to the young aspirants. His passion towards the subject drove the session pleasantly ahead and succeeded in widening the students' mindsets.



Plastic Pollution: Raise Awareness, Take Action

The students of Class 9 had an educational session about plastic and the harmful effects caused by it. The session further educated young minds about the deterioration of plastic and how it is present in everything around us. Our teachers- Dr. Hema Vijayan P U, Dr. Bhavani Devi L and Mr. Srinivas S Kamath spoke about the biological and chemical effects of plastic. The informational session ended by encouraging the use of eco-friendly methods to prevent plastic pollution and to have a bright future ahead for us.



GRADE 8 AND 7

Were the juniors to be left behind.....

The excitement of participation reverberated throughout our campus as the concatenation of events seeped down to the next level of grades.

War Woes

The students of Class 8 were educated about wars by our school's Administrative Officer, Colonel Chetan. This session was conducted on the 17th of June. Students learnt about warfare. They have a chapter in English about the First World War and Colonel Chetan was able to give them more information about wars. He spoke about the families of the soldiers who live in fear. This session helped the students to connect better to their chapter profoundly and enhance their interest in it.



Janapadas

On 18 July, the students of Class 7 had a fascinating event about the Janapada. They learnt about Janapada through dances, songs and drama. The daily use utensils were displayed and enthralled the audience with a beautiful fashion show in traditional attire.



GRADE 6 TO 3

The bairn champions of our school proved to be the true acolytes of their elders following their footsteps in participating and excelling in different tasks organised for them.

Wall Wonder

The students and teachers of Classes 5 and 6 came up with an innovative idea of creating monthly 'Wall magazines', where they choose a theme every month, and display work done by the students regarding the theme. In addition to that, teachers make an informative poster regarding the theme each month. Some of the themes that have been selected so far are 'Tiger's Day' and 'Power of Imagination Day'.



Talent Shine

These shows are held every alternate Friday. The shows provide a platform for students of Classes 3 and 4, to display their talents, boost their confidence, and foster a sense of mutual trust and friendship among their peers. Organised within the classrooms, talent shows offer an enjoyable and supportive environment for young performers to shine. Students learn to organise events and write the minutes of the meeting as well.



Lingo Boost

These sessions are designed to introduce new words, and help students of Classes 3 and 4, by expanding their vocabulary and express themselves more effectively. By engaging in various interactive activities, they not only acquire new words but also learn how to use them appropriately in different contexts. The teachers employ a variety of techniques to make the learning experience engaging and enjoyable for the young learners.

Perfecting Prefects

The students of classes 3 and 4 were given a chance to showcase and improve their leadership qualities. They are given the chance to become the presidents and vice-presidents apart from class leaders. These posts shift regularly to ensure equal opportunities. The students also get to organise various events.

Read n' Flourish

To enrich the comprehension skills of students, a 'Reading month' was celebrated, where students of Classes 5 and 6 indulged in various reading activities. Reading sessions were organised for students to read in groups, from books or from resources displayed by the teacher. Students had to narrate stories in 3 different languages during the story narration activities (Kannada, Hindi and English).



Scrap Plus

To celebrate Environment Day on the 5th of June 2023, the students of classes 5 and 6 participated in an 'Upcycle game', where they made toys out of scrap material and played with them in school.

SPECIAL ASSEMBLIES

Information and words of wisdom are conveyed through the class assemblies convened every Monday and Wednesday.

12A AND 12B

The class assembly conducted by Classes 12A and 12B on the Environment Day was a resounding success. Through their thoughtful presentations, engaging skit, interactive quiz, and soulful music performance, the students effectively conveyed the importance of environmental conservation and inspired the entire school community to take active steps towards a greener future.



11A AND 11B

The class assembly organised by Classes 11A and 11B on the G20 provided valuable insights into the world of international relations and global economic governance. Through their presentations, panel discussion and country representations, the students effectively conveyed the purpose, significance, and workings of the G20. By fostering a deeper understanding of global cooperation, Class 11A and 11B have contributed to developing informed global citizens who recognise the importance of collaboration and diplomacy.



12C

The class assembly organised by Class 12C on drug addiction awareness proved to be an eye-opening and educational event. Through their presentations, role-play, and interactive discussions, the students successfully conveyed the gravity of drug addiction and its impact on individuals and society as a whole. By raising awareness and initiating open conversations, Class 12C has taken a crucial step towards preventing drug addiction and supporting those affected by it.



11C

The class assembly organised by Class 11C for Father's Day and Reading Day was a heartwarming and enlightening event. Through their poignant skit and soulful song, the students celebrated the invaluable role of fathers and highlighted the love and appreciation they deserve. Simultaneously, they emphasized the significance of reading and its transformative power for personal and intellectual development. To encourage active participation and commitment to reading, an oath was administered.



The Class Assemblies of the secondary grades pertained to the Students' Talisman which our students are expected to abide by.

10A

Class 10A put up a spectacular show for all Excelites to enjoy, which highlighted the importance of being self-reliant to achieve success. Carrying on the mission of our school, Class 10A students encouraged everyone to be self-directed, self-motivated, passionate learners.



10B

The students of Class 10B put forth an insightful assembly which showcased what it truly means to be accountable for academic success. Portraying the life of artist Leonardo da Vinci through a skit, a captivating dance performance, and an informative panel discussion, the class delved into all aspects of accountability and created a lasting impression on the audience.



10C

Class 10C did a phenomenal job stressing the importance of the appropriate use of technology in today's world. Through beautiful performances and even an interview, the students highlighted how it is important to use technology carefully in a manner which is not destructive or harmful to the environment or society.



10D

An incredible performance was put forth by the students of Class 10D. Through a short and sweet assembly, they delivered the powerful message of what it means to be a leader. They took us all on a journey through time, highlighting important figures who are remembered as visionary leaders. A TED-Talk was also conducted in which the students spoke about the qualities every leader should possess.



6A

The need to treat animals with concern was the topic chosen by Class 6A students, for their assembly. This was to observe The Tiger Day. The students, through a skit sensitized the audience on the need to save tigers.



6B

Class 6B students alerted their friends on the need to conserve water through their assembly. Later they shed light on Mangal Pandey through narrations and a mime,



6C

'Emojis' or 'Emoticons' are something that we all use very often to express ourselves in text messages. Class 6C's assembly on 'World Emoji Day'(June 17th) highlighted the significance of these little pictures in our day to day conversations. It was an entertaining assembly that brightened everyone's day.



6D

30th June is celebrated as 'International Asteroid Day' to commemorate the Tunguska impact that occurred in Siberia, Russian Federation, on June 30, 1908. Class 6D meaningfully explained the importance of this day, and successfully conducted an informative assembly.



6E

Class 6E did a phenomenal job in delivering the culture and heritage of the festivals of India. India is a country where festivals are celebrated with grandeur and grace. The assembly managed to capture the essence of some of the Indian festivals.



6F

Where words fail, music speaks. Class 6F's assembly on 'National Music Day' made sure that everybody tapped their feet to the sound of music. Their sweet voices ignited the fervour to begin the day!



6G

Class 6G put up an excellent assembly on Father's Day (16th June). They effectively portrayed the importance of fathers in our lives. As the saying goes: "A father is someone you look up to no matter how tall you grow." The performance of the Class helped students reflect on the love for their fathers.

MAIN EVENTS

We take pride in our collaborative efforts in involving the entire student community for a cause - be it to build our physical health or maintain our mental wellness.



Find Your Inner Balance: Embrace Yoga

Yoga Day was observed on 21st June. The event commenced with a soul-soothing meditation session led by Ms. Hemali A L , a renowned yoga practitioner and a member of our school faculty. Her gentle guidance helped everyone find their mental peace and embrace a sense of calm amidst the daily hustle and bustle. Following the meditation, the main yoga session began, guided by a team of experienced yoga instructors. The participants were led through a series of yoga poses and breathing exercises that catered to all levels of expertise. From the beginners to the more advanced practitioners, everyone found their place in the flow, creating an atmosphere of unity and inclusivity. The International Yoga Day celebration at our school was indeed a day of harmony, mindfulness, and unity, reminding everyone that the path to wellness starts from within.



World's Largest Lesson

The session on sustainable development for students featuring the visit of foreign delegates and group discussions, was a remarkable and transformative experience. Through their engagement in group discussions, the students displayed their enthusiasm and commitment to finding sustainable solutions. The valuable insights shared by the foreign delegates and expert mentors enhanced the students' understanding and motivated them to become change agents in their communities.

As the students continue their educational journey, they are equipped with a deeper understanding of sustainable development goals and the necessary tools to contribute to a more sustainable future. By promoting collaboration, critical thinking, and innovation, this session has laid a solid foundation for the students to actively engage in addressing global challenges and work towards achieving sustainable development goals.



THE MODEL UNITED NATIONS

-Eshanvi N P

11B

The United Nations is an organisation that is not unheard of by anyone. The importance that this organisation holds is directly related to tackling the issues that the world faces today. When we say the United Nations, the first things that pop up into our minds may be the countries, UNICEF, and the famous sustainable development goals. We all know about these agendas, but here, I will be touching on so much more.

Our Excelites attended the Model United Nations hosted by Delhi Public School, this year, and we emerged with numerous awards and memories of a lifetime.



There were heated debates and interesting discussions which were results of extensive research each one of us was required to do. The committees included DISEC, SOCHUM, CCC, UNHRC, UNICEF, AIPPM, G-20 and IPC. I personally enjoyed tackling down the other delegates in arguments, and might I say, proving a point is my new guilty pleasure. The UNHRC committee hosted one of the most controversial agendas that the world is facing today; Transrights and gender identities, so by the title, you may guess the temperature of our room for two days straight!

Every participant is given a country to represent, and is addressed as the delegate of the particular country. While representing the country, we had to speak solely on behalf of what your country's stance is on the matter. The entire proceedings of the event were conducted formally.

Committee Heads did rounds into different rooms, brutally burning delegates of various countries on their country's decisions with questions that delegates barely had an answer to. The art of speech began unravelling how smart one was by responding to the tricky questions which could be compared with death traps.

Another committee which must be highlighted is the IPC, where delegates represented different news channels and went around attacking countries like dedicated paparazzis.

The MUN really brought out all the human emotions one could ask for, beginning with pride, mischief, trickery to the simplest laughs, smiles and embarrassment. The whole experience was certainly nothing less than overwhelming with each one's adrenaline rushing when we were put on the spot.

Yet it is an overwhelming experience where you understand how you are placed in a society of students from different schools.

FINE ARTS CORNER

-Aarushi Natesh 8B



-Akshath 6C



-Disha Arjun 7A



-Gouthami A 12 C

POETRY CORNER

A pet bird she kept,
Deep in her heart by the bed where she slept.
A morning greeting of "Good morning Finches!"
And the bird's voice unhinges.

The girl loved the bird,
Very dearly so,
But one fine day on the eighth month's third,
The 'good morning' had been greeted without a
word....

The door had been unlocked!
As the girl sorrowfully cocked,
"Oh my dear Finches! I shall search for you by
inches!"

The bird had left its nest,
Despite its mother's best,
Efforts to give her love.
But the bird wanted to soar above.

Those that we love,
We wish to keep them close,
Because of THAT LOVE,
We begin to claim and close,
Our loved ones in a cage,
Until one day they begin to rage,
Looking for a way,
As they soar away.....

I for one, do not know if the bird came back.
Because it was up to the bird to retrace its
track.
But somewhere away,
Back in the day,
I heard a call,
But I never understood what it meant, at all.....

-Eshanvi N P

11B

In spite of all this I still dream
on
I wish the sun warms not burns
I wish for golden grass and trees
strong
I wish for the rain to be clean
And the sky to be a transparent
window to the stars
I wish birds to flirt about freely
unafraid of us cruel man

I wish water and winds to be fair
But it's all gone now
Life in any case has never been fair
Desiring what's long gone is sad
In the end a left with feeling of
nostalgia
For things I have never had

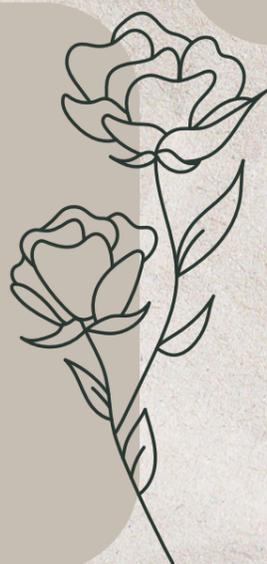
Nothing, no word no action will
change our minds any day
With myself I've tried to no avail
Cause words are spoken, promises
broken no matter how much we pray
And as soon as I leave this podium
stand
It's expected you'll all forget
every word I said
It pricks no ones conscience what
we're doing to this land

We think the fees we pay is a price
Paid in rupees dollars and money
However the real cost is our life
It's no matter, the universe. space
and time so vast
Homo sapiens are petty insignificant
beings
And the miserable fact we can't make
a single minuscule self promise
last...

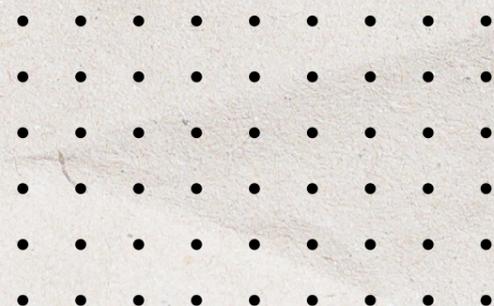
'Memories of the heart'
Of the special one you remain
Things could change
But not you
I could swear to god

Where we come is history
Where we go is a mystery
Live now to make it
Special forever.

-Sohani 12B



-Anonymous



NEW WORD

Eunoia: It is a term derived from Greek and refers to a state of beautiful thinking or a well-mind. It is used to describe a positive mindset, goodwill, and a gentle and kind attitude towards others.

SUDOKU

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