

Excel Foundation School
1-C Hootagalli Industrial Area, Belavadi Post, Mysuru - 570018.

LUNCH MENU - JULY 2024

1	Monday	CHAPATHI	KADAI VEGETABLE	WHITE RICE	SAMBAR(Andhra Style)	VARKEY PAYASA	PAPPAD/ CURD
2	Tuesday	POORI	CHOLE MASALA	JEERA RICE WHITE RICE/RASAM	VEG PANEER GRAVY	AVAL PAYASAM	PAPPAD/ CURD
3	Wednesday	BUTTER DOSA	COCONUT CHUTNEY	GHEE RICE WHITE RICE/SAMBAR	DAL FRY	PINEAPPLE KESARI	PAPPAD/ CURD
4	Thursday	NOODLES	SAUCE	VANGI BATH WHITE RICE/SAMBAR	COCONUT CHUTNEY	SHAVIGE PAYASA	PAPPAD/ CURD
5	Friday	BISIBELE BATH	KHARA BOONDI	WHITE RICE	GINGER RASAM	GULAB JAMUN	PAPPAD/ CURD
HOLIDAY							
8	Monday	CHAPATHI	BHINDI MASALA	WHITE RICE	MOLEKE KAALU SAMBAR	PINEAPPLE KESARI	PAPPAD/ CURD
9	Tuesday	PUDI DOSA	COCONUT CHUTNEY	VEG PULAO WHITE RICE/RASAM	CUCUMBER RAITHA	SHAVIGE PAYASA	PAPPAD/ CURD
10	Wednesday	CHANA BHATURA with Onion Slices		PALAK BIRIYANI WHITE RICE/SAMBAR	DAL FRY	VARKEY PAYASA	PAPPAD/ CURD
11	Thursday	ALOO PAROTA (1 Nos)	PUDINA CHUTNEY/CURD	GHEE RICE WHITE RICE/RASAM	VEG PANEER GRAVY	WHEAT PAYASA	PAPPAD/ CURD
12	Friday	BISIBELE BATH	KHARA BOONDI	WHITE RICE	MIX VEG SAMBAR	GULAB JAMUN	PAPPAD/ CURD
HOLIDAY							
15	Monday	POORI	CHOLEY MASALA	WHITE RICE	SAMBAR(Kerala Style)	MIX VEG SOUP	PAPPAD/ CURD
16	Wednesday	MINI MASALA DOSA	COCONUT CHUTNEY	HYDERABADI BIRIYANI WHITE RICE/RASAM	CUCUMBER RAITHA	SHAVIGE PAYASA	PAPPAD/ CURD
18	Thursday	LEMON SHAVIGE	COCONUT CHUTNEY	JEERA RICE WHITE RICE/SAMBAR	VEG PANEER GRAVY	WHEAT PAYASA	PAPPAD/ CURD
19	Friday	CHAPATHI	DUM ALOO CURRY	WHITE RICE	TOMATO RASAM	GULAB JAMUN	PAPPAD/ CURD
HOLIDAY							
22	Monday	POORI	KABUL CHANNA CURRY	WHITE RICE	SAMBAR(Tamilnadu Style)	PINEAPPLE KESARI	PAPPAD/ CURD
23	Tuesday	NOODLES	SAUCE	SWEET CORN PULAO WHITE RICE/RASAM	DAL FRY	SHAVIGE PAYASA	PAPPAD/ CURD
24	Wednesday	BUTTER DOSA	COCONUT CHUTNEY	JEERA RICE WHITE RICE/SAMBAR	VEG PANEER GRAVY	CORN KOSAMBARI	PAPPAD/ CURD
25	Thursday	CHAPATHI	KADAI VEGETABLE	VEG PULAO WHITE RICE/RASAM	CUCUMBER RAITHA	AVAL PAYASAM	PAPPAD/ CURD
26	Friday	BISIBELE BATH	KHARA BOONDI	WHITE RICE	PEPPER RASAM	GULAB JAMUN	PAPPAD/ CURD
HOLIDAY							
29	Monday	CHAPATHI	RAJMA MASALA	WHITE RICE	SAMBAR(Andhra Style)	VARKEY PAYASA	PAPPAD/ CURD
30	Tuesday	POORI	CHOLE MASALA	JEERA RICE WHITE RICE/RASAM	VEG PANEER GRAVY	AVAL PAYASAM	PAPPAD/ CURD
31	Wednesday	BUTTER DOSA	COCONUT CHUTNEY	GHEE RICE WHITE RICE/SAMBAR	DAL FRY	PINEAPPLE KESARI	PAPPAD/ CURD