

EXCELSIOR

Ever Upward

Save the dates

- Republic Day/Open Day
26th January 2018
- Annual Day (Classes 5 – 11)
10th February 2018
- Annual Day (Classes 2 – 4)
17th February 2018
- Annual Day (Kindergarten & Class1)
24th February 2018
- UKG Graduation Day
29th March 2018



In his groundbreaking work 'Creating Innovators', education expert Tony Wagner makes a provocative

look at why innovation is today's most essential real-world skill and what young people need from parents and teachers to become the innovators of tomorrow. In this age of rapid transformation, where human life is being influenced by phenomenal changes all round, education remains 'unaffected', unfortunately. Its high time our schools focus on creating 'the change makers of tomorrow', by developing in our schools "a culture of innovation, based on collaboration, interdisciplinary problem solving and intrinsic motivation".

We at EPS have been making a sincere effort to promote the 21st century skills of Creativity, Critical thinking, Collaboration and Communication among our

learners. The various teaching learning strategies at EPS are designed to foster and promote the above skills, in order to make learning more relevant and purposeful. While we agree that a lot more needs to be done to impact this new culture of learning, we are confident that we are in the right direction. Education is not all about what the learners know, or need to know, it is more about preparing them to do what they need to do with what they know. While many countries are channelising all their energies and resources towards the 're-imagining' of their educational system, it appears that our obsession with 'traditional schooling' is hard to die. Let's make a marked difference by believing in a system of education that goes beyond 'schooling'.....

Read on to know more about evidences of transformation education that unfolded at EPS during the last trimester.....



Mathew K G
Principal

Raise a toast!



EPS won the " School Excellence Award", instituted by Brainfeed, a reputed educational magazine. In its national survey, EPS was awarded under ' Best Academic Excellence', Best ICT Implementation' and 'Best Infrastructure' categories, among the CBSE Schools of Karnataka.

"A picture speaks a thousand words"

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List of Laurels



International Mark!!

Sandeep A Rao of Class 11 secured numero uno position out of 1000+ submissions in a challenge posed by a European Company-Fiber Optic Valley to digitise their product "IQORO"-a product to help people with Dysphagia overcome their suffering. He has won himself a cash prize of 2500 Euros.



Griptape, a US organisation that funds students in the US to carry individual projects set out a challenge and Sandeep's project proposal on helping the medical fraternity to analyse case symptoms better using comprehensive neural networking has been accepted and he has been funded \$500 to work on his project.

Water Babies!!

CISPMAM had conducted Talent Splash 2017, an Inter School Sports Meet for the State Board, CBSE and ICSE schools of Mysore, in which Mst AAYUSH ANANDA URS of Class 4C secured 1st place in 400mtr breaststroke and 3rd place in 800-meter backstroke. Mst Rahul Manjunath of Class 9A won 3rd position in Butterfly 50 mts in Senior Category. Mst Ruthva N A of Class 7C won 1st position in Freestyle 50 mts and Butterfly 50 mts in Junior Category. Ms Gargi M Kanade of Class 7A won 1st position in Freestyle 50 mts and Breaststroke 50 mts in Junior Category. Ms Hlmani N of Class 9A won 2st position in Freestyle 50 mts and Butterfly 50 mts in Senior Category and Ms.Deeshna of Class 6B won 3rd position in Breaststroke 50 mts in Junior Category.



Creating a "Racquet"!!

CISPMAM had conducted Talent Splash 2017, an Inter School Sports Meet for the State Board, CBSE and ICSE schools of Mysore, in which Ms Sheyana Ganapathy of Class 8E bagged the 1st prize in Girls Singles Badminton title. She also clinched the 1st prize in Girls Doubles Title with Ms Anoksha M Shetty of Class 10C. Mst Kayaan Karumbaiah of Class 8E and Mst Chaithanya of Class 8C won the 2nd prize in Boys Doubles Title in the same event.



Karate Kids!!

Mst Atharv of Class 6A secured Black Belt -I Dan and also 3rd places in Individual Kata Competition and Individual Kumite Competition and Mst Shreyas of Class 6A secured Black Belt -I Dan and also 1st place in Individual Kata Competition and 3rd place in Individual Kumite Competition in The National Karate Championship 2017 organized by Karate Association of India.



Quiz Whiz!!

Mst Sidhanth Achaiah of Class 6D, Mst Shashank of Class 7D and Mst Nikhilesh of Class 8E won the 1st prize in Junior Quiz Competition 2017-18 conducted by Mysore Sahodaya School Complex and Kautilya Vidyalaya, on 29th Nov 2017.



Golfer Girl!!

Ms Kanisha Gangamma of Class 6A has been adjudged Winner in Silver Jubilee Golf Championship in Handicap 19 to 24 category and Runner-Up in Patrons Cup Putting Championship held at Coorg Golf Links on 25th and 26th Nov 2017.



Masterstroke!!

Ms Disha Kavery of Class 8D has emerged winner in Handicap Stroke play over 36 holes' category in CGL Silver Jubilee- NR Group Golf Championship held at Coorg Golf Links on 1st and 2nd Dec 2017.



Conquistadors!!

EPS won the Overall Championship at the Interschool Competition organized by Sharada Vidya Mandir, Mysuru. The trio who steered the win are Ms.Deeksha Nandeesh H of Class 10C who secured 1st place in Science Lecture Category winning a cash prize of Rs.2000, Ms Spoorthi S Rao of Class 10C who bagged 2nd place in English Elocution winning a cash prize of Rs.1500 and Ms.Neha A of Class 10C who participated in the Old Film Song Category.



Wrestling Pro!!

Shivani P of Class 8 A secured the 3rd Position at Women's Wrestling Competition in the 63Kg division organized by the State Level Dasara Sports Meet 2017, a part of the Mysuru Dasara Celebrations



Star of the week!!

Mst Mustafa Raja of Class 5B has added many a laurels to his kitty. He was adjudged winner in a draw of 128 12 and under boys in AITA Talent Series Tournament held at Fortune Sports Academy, Kengeri, Bengaluru from 28th to 30th October 2017. He also won Singles and Doubles Titles Under 12 KTPPA-AITA-Championship Series National level championship conducted at Topspin Tennis Academy, Bengaluru from 20th to 24th November 2017. He bagged the Runners-up title in AITA U12 & U14 Tennis Tournament 2017 conducted by Elite Tennis Academy at Bengaluru from 11th to 17th November 2017. He was chosen 'Star of the Week' by Star of Mysore, on 26th Nov 2017, the 2nd time in the last 3 months!!



One Team, One Dream!!

The school cricket team under the captaincy of Mst. Hrishab A Singavi of Class 9C emerged Runners Up in the Naveen Chandra Memorial Cup conducted by Karnataka State Cricket Association. The team defeated Abhinav Bharathi School, Manyda in the quarter finals and St. Josephs Central, Mysuru in the semi-finals of the knock out series. The finale was against Marimallapa School, Mysuru and our team emerged second best.



Eps cricket team took part in the KSCA-ACUK Mysore Forum K L Venkatasubbaiah Memorial Inter-school Cricket Tournament which was conducted from 13th Dec 2017 to 22nd Dec 2017 and won the runners-up trophy giving the winning team a tough run. The team won two group stage matches and beat Kendriya Vidyalaya in the quarter finals to reach the semi-finals in which they beat Sadvidya Patshala to reach the finals against Marimalappa. They were presented with certificates and a trophy.



Year of Globe Trotting!!!



To commemorate designation of year 2017 as the International Year of Sustainable Tourism for Development, on October 14th 2017, we hosted a festival titled 'Enchanting Expeditions' to participate in the global initiative of spreading awareness about the importance of heritage and its conservation. A poster competition, a quiz competition and lectures by experts in the field of dance and Mysore Style of Painting were organised. Seventeen schools from Mysore participated in this festival. The Quiz Competition titled, 'My City, My Pride', on the tangible and intangible heritage of Mysore City, had St. Josephs Central School, Kautilya Vidyalaya and De Paul Public School winning the 1st, 2nd and 3rd places respectively. While JSS Public School, Manasarovar Pushkarni, Police Public School bagged 1st, 2nd and 3rd prizes respectively in the poster competition, titled 'Kaleidoscope' based on the theme, 'Travel, Appreciate, Respect'.





हिन्दी के ऐतिहासिक अवसर को याद करने के लिए हर साल १४ सितंबर को पूरे देश में हिन्दी दिवस मनाया जाता है, क्योंकि भारत की संविधान सभा द्वारा १४ सितंबर १९४९ को हिन्दी भाषा भारत गणराज की आधिकारिक भाषा के रूप में अपनाई गई थी।

इसी उपलक्ष्य पर १६ अक्टूबर को हमारे विद्यालय के प्रांगण में प्रधानाचार्य व उपप्राचार्या की उपस्थिति में हिन्दी दिवस का आयोजन किया गया। हमारे विद्यालय के छात्र-छात्राओं द्वारा भाषण, कविता, कबीर, तुलसी के दोहों का सस्वर पाठ व गीत, नृत्य, नाटक आदि रंगारंग कार्यक्रम प्रस्तुत किये गये। जिसे देखकर विद्यालय के समस्त छात्र-छात्राओं को हिन्दी के महत्व के बारे में जानकारी प्राप्त हुई।



Wilderness Exploration!!



In continuum to the in-house River Rally Campaign and Swachhta Pakhwada Abhiyan programs, the Green Warriors of EPS ventured into the wild on 4th November, 2017 to explore the Rajiv Gandhi National Park, Nagarhole. The objectives of the trip were to learn basic process skills like observing, classifying and communicating; to understand Silviculture Systems and forest dynamics and to generate awareness on environmental concerns. 22 students along with 3 teachers were guided by Mr Gopi R K, a naturalist by profession, through the history, hierarchy and habitat details of the forest. The safari through the jungle enlightened the learners about the various flora and fauna species that they spotted and learnt about. The icing on the cake was spotting a Tiger feeding on its catch!! We anticipate that, one day these children would grow up to be the great defenders of nature and be real Green warriors!





Hrudaya Sangama -2017

"There are no 'perfect' parents, and there are no 'perfect' children, but there are plenty of 'perfect moments' along the way".

'Hrudaya Sangama' conceived by Mr Mathew K G, was a special event put together to honour parents of the teachers and administrative staff in an unparalleled manner. The afternoon of 21st October was soaked in an atmosphere of special celebration of gratitude revealed through unabashed expression of love and thanksgiving, gifting, emotional speeches, dance and songs and a skit- all highlighting the precious relationship of a parent and child. High tea followed by the festivities of Diwali spilling over as lamps glowed and sparklers lit the dusky darkness of the evening, warming the cockles of every heart!!



ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವ - ಜನಪದ ಜಾತ್ರೆ

ಕ



ಕನ್ನಡದ ಶಕ್ತಿ

ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವ ಕಾರ್ಯಕ್ರಮಕ್ಕೆ ಆಗಮಿಸಿದ್ದ ಮುಖ್ಯ ಅತಿಥಿಗಳಾದ ಡಾ||ಸಿ ಅಂತೋಣಿ ಪಾಲ್ ರಾಜ್ ರವರು ಸಭೆಯನ್ನುದ್ದೇಶಿಸಿ ಮಾತನಾಡುತ್ತಾ ಕರುಣೆಯನ್ನು ಹೊಂದಿರುವ, ಅತ್ಯಂತ ವೈಜ್ಞಾನಿಕವಾದ ಏಕೈಕ ಭಾಷೆ ನಮ್ಮ ಕನ್ನಡ. ಮಹಾನ್ ವ್ಯಕ್ತಿಗಳು ಜನಿಸಿದ ಈ ಪುಣ್ಯಭೂಮಿಯಲ್ಲಿ ಹುಟ್ಟಿದ ನನ್ನ ಬದುಕು ನಿಜಕ್ಕೂ ಸಾರ್ಥಕ. ಅನಕ್ಷರಸ್ಥರು ಸೃಷ್ಟಿಸಿದ ಪದಗಳೇ ಜನಪದ ಸಾಹಿತ್ಯವಾಗಿವೆ. ಸಾವಿನಲ್ಲೂ ನೋವಿನಲ್ಲೂ ಕವನ ಬರೆಯುವ ಶಕ್ತಿ ಕನ್ನಡ ಭಾಷೆಗಿದೆ. ನಮ್ಮ ನಾಡಿನ ಸಂಸ್ಕೃತಿ ಉದಾತ್ತವಾದುದು. ಆದರೆ ಇಂದು ಕನ್ನಡ ತಮಿಳರ - ತೆಲುಗರ ನಡುವೆ ನಿಲುಕಿ ನಲುಗಿ ಹೋಗಿದೆ. ಬದುಕನ್ನು ಸವಿಯಲಕ್ಕೆ ಪ್ರಾದೇಶಿಕ ಭಾಷೆಯ ಅಗತ್ಯವಿದೆ. ನಾವು ನಮ್ಮ ಸಂಸ್ಕೃತಿಯನ್ನು ಎತ್ತಿ ಹಿಡಿಯಬೇಕು, ಈ ಮಣ್ಣಿನ ಮಕ್ಕಳಾಗಬೇಕು. ಎಂದು ತಮ್ಮ ಮನದಾಳದ ಮಾತುಗಳನ್ನಾಡಿರು.

ಜನಪದದ ಹರವು ವಿಶಾಲವಾದುದು. ಅದರ ವಿಶೇಷತೆಯನ್ನು ತಿಳಿಸುವ ಒಂದು ಸಣ್ಣ ಪ್ರಯತ್ನದ ಫಲವೇ ಜನಪದ ಜಾತ್ರೆ. ನಮ್ಮ ನಾಡಿನ ಜನಜೀವನವನ್ನು ಪ್ರತಿಬಿಂಬಿಸಿದ ಪಲಿಯಂತೂ ವರ್ಣಿಸಲಸದಳ. ಮುದ್ದು ಮಕ್ಕಳು ವಿಧವಿಧವಾದ ವೇಷ ಭೂಷಣವನ್ನು ಧರಿಸಿ ವೇದಿಕೆಗೆ ಬಂದಾಗ ಇಡೀ ಶಾಲೆಯ ಆವರಣವೇ ಹೆಚ್ಚು ವಾತಾವರಣದಂತಾಗಿ ಆಬಾಲವೃದ್ಧ ರವರೆಗೂ ಎಲ್ಲರೂ ತಮ್ಮ ಬಾಲ್ಯಜೀವನವನ್ನು ಮೆಲುಕು ಹಾಕಿಕೊಂಡವರೇ! ಇನ್ನು ಅಜ್ಜಿ ಮೊಮ್ಮಗನ ಸಂಭಾಷಣೆಯಂತೂ ನೋಡುಗರನ್ನು ನಿಬ್ಬರ ಗಾಗಿಸಿತ್ತು. ಅಲ್ಲದೆ, ಮುಂದೆ ಇನ್ನಾವ ಕಾರ್ಯಕ್ರಮವೋ ನೋಡೋಣ ಎಂಬ ಕಾತುರವನ್ನು ಕಾರ್ಯಕ್ರಮದ ಕೊನೆಯವರೆಗೂ ಕಾಯ್ದುಕೊಳ್ಳಲು ಸಾಧ್ಯ ವಾಯಿತು.

ಕಾರ್ಯಕ್ರಮದ ಮುಖ್ಯ ಅತಿಥಿಗಳಾಗಿ ಸಂತ ಜೋಸೆಫ್ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ, ಜಯಲಕ್ಷ್ಮೀಪುರಂ ಮೈಸೂರಿನಲ್ಲಿ ಪ್ರಾದ್ಯಾಪಕರಾಗಿ ಕಾರ್ಯನಿರ್ವಹಿಸುತ್ತಿರುವ ಡಾ||ಸಿ ಅಂತೋಣಿ ಪಾಲ್ ರಾಜ್ ರವರು ಆಗಮಿಸಿದ್ದರು. ನಮ್ಮ ಶಾಲೆಯ ಸಂಪರ್ಕಾಧಿಕಾರಿಗಳಾದ ಶ್ರೀಯುತ ಪ್ರಶಾಂತ್ ಹೆಚ್ ಎಂ ಹಾಗೂ ಶಾಲೆಯ ಪ್ರಾಂಶುಪಾಲರಾದ ಶ್ರೀಯುತ ಮ್ಯಾಥ್ಯು ಕೆ ಜಿ ಉಪಸ್ಥಿತರಿದ್ದರು.

ಬೆಳಗ್ಗೆ ಎದ್ದು ಭೂತಾಯಿಗೆ ನಮಿಸಿ ಜೋಡೆತ್ತನ್ನು ಹೊಡೆದುಕೊಂಡು ತಮ್ಮ ದಿನನಿತ್ಯದ ಕಾಯಕವನ್ನು ಪ್ರಾರಂಭಿಸುವ ರೈತನು ಮಳೆಗಾಗಿ ಕಾಯುವ ಕಾತರಕ್ಕೆ ಮಳೆ ಬಂದಾಗ ಪಡುವ ಸಂತೋಷಕ್ಕೆ ಎಣೆಯಿಲ್ಲ. ಇರುಳಾದ ಮೇಲೆ ಚಂದ್ರನ ಬೆಳಕಿನಿಂಗಳಲ್ಲೂ ಶಿವನ ಧ್ಯಾನ. ಹೊಸ ಉಡುಗೆ ತೊಡುಗೆಗಳಿಂದ ಅಲಂಕೃತರಾದ ಹೆಣ್ಣುಮಕ್ಕಳು ನೀರಿಗಾಗಿ ಬಂದಿಗೆ ಹಿಡಿದು ಬಂದರೆ ನೋಡುವುದೇ ಕಣ್ಣಿನಗಳಿಗೆ ಹಬ್ಬ. ಇನ್ನು ಹಬ್ಬ ಹರಿದಿನಗಳಲ್ಲಿ ಆಚರಿಸುವ ಆಚರಣೆಗಳು, ಜಾತ್ರೆಯ ಸಡಗರಸಂಭ್ರಮಗಳು ಮನಸೂರೆಗೊಂಡವು. ಕಂಸಾಳೆ, ಕೋಲಾಟ, ಲಂಬಾಣಿ ನೃತ್ಯ, ಗೊರವರ ಕುಣಿತಗಳಿಂದಾಗಿ ತೆರೆಮರೆ ಯಾಗುತ್ತಿದ್ದ ಕಲಾ ಪ್ರಕಾರಗಳು ಜೀವಂತಿಕೆಯನ್ನು ಪಡೆದು ಕೊಂಡವು. ಮದುವೆಯಲ್ಲಿ ಹಾಡುವ ಸೋಬಾನೆಪದವು ಕಾರ್ಯ ಕ್ರಮಕ್ಕೆ ಮತ್ತಷ್ಟು ಮೆರುಗನ್ನು ತಂದಿತು. ಜೀವನದಲ್ಲಿ ಒಂದಷ್ಟು ಹಾಸ್ಯವೂ ಇರಬೇಕು ಎನ್ನುವುದಕ್ಕೆ ಸಾಕ್ಷಿಯಾದದ್ದು ಫೇರ್ ಅಂಡ್ ಲವ್ ಅಲೆ ನಾಟಕ. ನಗೆಗಡ ಅನಲ್ಲ ಪ್ರೇಕ್ಷಕರನ್ನು ಮುಳುಗಿಸಿತು. ನಾಡಗೀತೆಯ ನೃತ್ಯ ರೂಪಕ ಪ್ರದರ್ಶನವು ಹಿಲಿಯರಲ್ಲಿ ಬಾಲ್ಯದ ಆಟಗಳ ಮೆಲುಕನ್ನು ಹಾಕುವಂತಾದರೆ, ಕಿಲಿಯರಿಗೆ ಜನಪದ ಕ್ರೀಡೆಗಳ ಸೊಗಡಿನ ಅರಿವನ್ನು, ಕನ್ನಡ ನಾಡಿನ ಸಂಸ್ಕೃತಿಯ ಮೆರುಗನ್ನು ಮೂಡಿಸುವಂತಾಯಿತು. ನಗರದ ಯಾಂತ್ರಿಕ ಬದುಕನ್ನು ನಡೆಸುತ್ತಿರುವವರಿಗೆ ನೈಜ ಬದುಕಿನ ಚಿತ್ರಣವನ್ನು ಕಣ್ಣಿ ಕೊಟ್ಟಿತು. ಜನಪದ ಕಾಳಜಿಯನ್ನು, ಸಾಹಿತ್ಯದ ಉಳಿವು - ಅಳಿವು ನಮ್ಮ ಕೈಯಲ್ಲಿದೆ ಎಂಬ ಎಚ್ಚರಿಕೆಯನ್ನೂ, ನಾಡು ನುಡಿಯ ಬಗೆಗಿನ ಅಭಿಮಾನವನ್ನು ಮೂಡಿಸುವಂತಿತ್ತು.



The World is a stage!!



"Martha" was our entry in the Kalasuruchi Children's English Drama Festival 2017, held at Kalasuruchi Rangamane, Kuvempunagar, on 4th November 2017. The plot drew inspiration from Helen Keller and the movie-Black. The depiction of a mother's conviction and a teacher's relentless strife to see a deaf and dumb child Martha succeed and be accepted by all had the jam packed hall emotionally connected. Appreciation and acknowledgement flowed in from an erudite audience. The eight cast members from Classes 8,9 and 10 received a trophy and participation certificates from the organisers!!



International Ambassadors!!



Our students were consigned a platform to familiarize the world organization in the Model United Nations Conference conducted by The World View Organization on 11th and 12th Nov 2017 in collaboration with De Paul International School. There were four committees General Assembly, World Health Organization, Food and Agricultural Organization and United Nations Development Programs. Four topics were given to the students regarding global issues and each student represented a country. 21 of our students from Classes 7th to 11th represented the school. Atharv Pai of Class 7, Prithve of Class 11, Adithya Ramprasad of Class 9 were awarded the diplomacy awards for their exemplary performance.

The two day session was a good exposure to the students to act as global citizens.

Celebrating Childhood !!



14th November-Children's Day! A much awaited day by the students and teachers, brought in a lot of joy, smiles and happiness. A wisp of magic in decorating the class, to the fun and frolic yet meaningful activities for the learners, to the special programme of song, dance and drama by the teachers, and finally the special badge, gift and eatables shared-helped create special and wonderful memories for all. The students indeed did feel special and cherished and went home with a thankful heart. A perfect day celebrated to express to our students that their love puts us on top of the world !!





Kids Carnival- A FUNdraiser!!

The dawn of 18th November 2017 rang in with a flutter of excitement as every stakeholder held an exuberance to be part of one of the most awaited events of the school. A flurry of activities began early that morning with the children ready to explore yet another edition of the block buster event in school. The eager beavers waited impatiently on the steps of the gallery facing the colourful grounds, coupons in hand, craning their necks to catch a glimpse of the chief guest of the day.

And lo, he arrived in style! A gaily decorated cart yoked to majestic looking bullocks sauntered in with Dr. Thelapanda M Cariappa. The Chief Guest along with the Principal, Mr. Mathew declared the Kids Dhamal open with the release of pigeons. Halloween zombies, ghouls and ghosts in spine chilling costumes sauntered in adding to the zest. Proceedings began with all stalls beckoning customers to see, taste and buy the wares as well as try a hand at the dozen and odd game counters set up exclusively for the day. Everyone made a beeline to the stalls buying delicacies and ware and playing with enthusiasm of little kids.

The event was speckled by bullock cart rides and flash mobs that had everyone foot tapping and dedicating songs through the DJ. The children from Chaayadevi Home, Jayanagar who were special invitees for the day enjoyed the festivities. The products in the stalls soon were sold out and the winners of the Halloween Parade and Lucky dip were announced adding to the fervour of the day.

The money spent so generously by everyone associated with EPS that day was for a noble cause. A sum of 6.18 lakhs collected by the proceedings will go for humanitarian causes thus contributing our penny to being humane and celebrating the Joy of Giving!!

Joy of Giving!!

Remaining in force, on 20th Dec 2017, members of the student council were at the Chayadevi Orphanage and Old Age Home to mark the EPS footprint. A much needed industrial washing machine and grinder and stationary were donated to better the lives of the inmates thus contributing our little penny to the betterment of the not so privileged. 'Happiness beyond materialistic possessions' was a lesson the learners carried after the interaction with the inmates- young and old. A sure indelible mark in the art of living!!

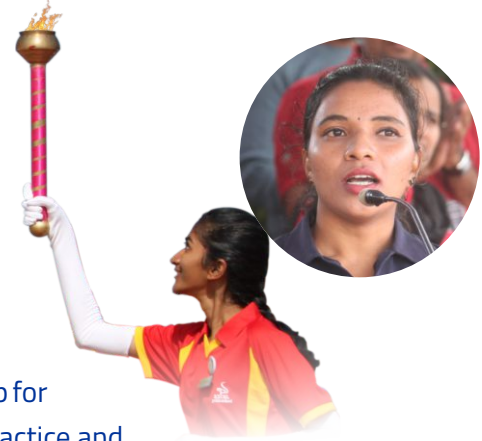


Junior Sports Day!!



Sports not just builds character but reveals it. It helps in all round development and we at EPS believe sports is as essential as academics.

The tiny tots of kindergarten and Classes 1 & 2 were all geared up for the finale on the 1st December 2017. Months of meticulous practice and preparations involving all of the 320 students in 8 individual events and 5 team events bore fruit on the eventful day. Ms Rita Priyanka, an acclaimed wrestler who graced the occasion as the Chief Guest spoke of her trials and tribulations and insisted each parent to identify talents in their wards and nurture and encourage it. On the D-day, though the clouds hung heavy and the drizzle beat naggingly, it could hardly dampen the young spirits who braved it all and did their drill and dance routines with such exuberance, kindling the spirits of everyone around!!



EPS-Olympics!!



EPS emphasises on sport activities in school routine in order to keep the young minds in trim shape. The Senior Sports Day on 9th Dec 2017 bore testimony to it. The day kick started with the arrival of the Chief Guest, Dr Vinod Appiah, General manager and Unit head of Apollo BGS hospital, Mysuru along with the dignitaries. March pasts by the four houses had everyone spell bound. Declaration of the sports meet open by the chief guest and the lit EPS torch lifted the spirits of the students high with dreams abound. Dr Vinod's speech was crisp and clear emphasising the need of physical activities. Being an avid sportsman and a doctor, he reiterated that the human body has the capacity to grow till the age of twenty two years and to make use of this golden period with the help of sports and exercise. A motivational talk to self determination and care for overall well being.

Synchronous Zumba and Lezium performances to peppy numbers had everyone foot tapping while the

Human Pyramid formations was breath-catching and had all at the edges of their seats. The track event finales had everyone abuzz. Events for the parent fraternity was an eye-catcher! Winners beamed with pride at the victory stands as medals and certificates were awarded. A total of 60 team events and 90 individual events were conducted for students ranging from classes 3rd to 10th and 6 events for class 11 students. Months of prior preparations bore fruit with Ruby house emerging winners with 497 points and Sapphire house in the runners position with 421 points.



Tinkering Challenge 2017 !!

Ms Aditi Bhat and Ms Divija Arjun of Class 6 emerged Runners up in the Tinkering Challenge 2017 conducted by Science Ashram in association with Times Foundation. The programme conducted in three stages had 12,500 students from 40 schools participating in the first stage. 600 qualified for the second stage which was a case study to solve a traffic problem. In the final conducted in Bangalore, the students were asked to design and build an amphibious vehicle in six hours that was evaluated based on the parameters of design, performance and economics.



The prize included a cash prize of Rs.20,000/- and scholarships worth Rs.10,000/-.

GST decoded!!

A session on GST was organised by the Mathematics department for Class 8 students on 4th December 2017. The session was conducted by Mr Vasu S, a Chartered Accountant. The objective of the talk was to expose the students to deeper aspects of current tax system in India. The session unveiled concepts on Tax, Types (Direct & Indirect tax), how GST is different from the previous tax regime, benefits and various other aspects regarding it. Revelation of factors which promoted India to follow GST and list of goods which are exempted from GST were much needed information for the students. The session held everyone's rapture with its befitting audio –visual presentation!!



Water-the life saver!!

Students of class 5 visited Vani Vilas Water Works, Mysuru, on 16th November 2017 as an extended activity of EVS & English related to the lesson 'Water'. The students had a visual experience of the various processes involved in treating water. They earnestly listened to the instructor, Mr. Nagendra, and found the various steps involved in the purification of water and its importance valuable. A sense of appreciation for the people involved in providing Mysore potable water prevailed amongst the learners. A good experience, that quenched the students' scientific knowledge.



Light at the end of the tunnel!!

Dr Swetha Nayak, Gynaecologist at SUYOG Hospital, Mysuru, shone light to the learners of grades 7,8,9 and 10 who are at the intersection of transition from childhood to adulthood- a choppy phase physiologically, psychologically and emotionally. The twin sessions on the 27th and 31st of October 2017 comprised of a well compiled presentation on physical changes and body image, immunisation programs against some deadly diseases, statistics on adolescent population as well as their mental and emotional frames of mind. Her pep talk and interaction with the students sure helped our teenagers to assimilate the changes positively and pave their way ahead constructively.



12th December 2017 saw another session on Adolescent health for Classes 7&8 by Dr Kumaran and Dr Krishnaveni who are researchers at the Epidemiology Research Unit at CSI Holdsworth Memorial Hospital, Mysore and have decades of work experience in adolescent health. They brought to focus problems faced by adolescents highlighting physical and mental development and social changes amongst the young adults. Untimely accidents amongst teens, addiction to gadgets and drugs, smoking and drinking and homicide were touched upon. Emphasis on health, regular exercise and abstaining from unhealthy lifestyle and how it impacts their future life was made clear. A much needed guidance to steer the young adults at a cross road in life!!

Mapping the Un-mapped!!

Eps believes in strengthening the learners to fly into the future. Career Guidance has been an integral part of the academic year, keeping in view the dreams of learners, their aspirations and their will to prove themselves in the fast paced competitive world. Our endeavour has been to bring out the best in our students by providing interactive sessions with eminent personalities from various walks of life, hoping to empower our students to convert their dreams into reality.



'Well begun is half done'. The career guidance sessions were initiated by Mr H M Prashanth, Correspondent of the school on 23rd August 2017. The sessions began with psychologist David McClelland's theories, a motivational model that attempts to explain how the needs for achievement, power, and affiliation affect the actions of people. He proceeded to speak of success, characteristics of successful individuals and paths taken to choose a career. How factors like family/society, passion, strengths, weaknesses, scope in future, education, health, financial states, satisfaction, availability of resources and aptitude play a vital role. He emphasized on knowing self in terms of multiple intelligence and personality types. Students were inured to Psychometric tests, to evaluate intelligence, aptitude and personality leaving them with a lot of points to ponder on!

Mr Shankar Prasad, Senior Manager- Educational Services at Excel Soft Technologies, Mysuru, conducted a session on career guidance for Classes X and XI on 20th Nov 2017. He initiated the session quoting factors influencing career choices and making an informed decision based on education, skill or talent. Learners were educated on how to apply to prestigious institution, deadlines for applications and useful websites which provide additional information. A very productive session instilling the learners to gear up for times ahead!!



Dr Sudhindra Rao, Prof of Information Systems at the MYRA School of Business, Mysore and visiting professor at The University of The South Pacific in Suva, Fiji presented a session on "Technology and Engineering" to Class 11 students on 27th Nov 2017. He spoke on technology programs tending to be tough with more application based examples, whereas engineering course work provides a more theoretical foundation in math and science. He also discussed how most of the companies adapt Jordan's effect and how it is a necessity to commit and constantly upgrade oneself in the chosen area of interest to stay on top. This was presented by furnishing examples of famous personalities thus making concepts concrete for the learners.



Eps hosted Dr. Ashok Rao, an alumnus of IISc Bangalore and IIT Bombay, on 29th Nov 2017. A specialist and pioneer in digital signal processing with association with premier institutes of the country over a period of over 3 decades, conducted a session on "Scope of Science" for Class 11 learners. The session largely focused on the advancements in scientific research on a global scale over the past few decades and how technology benefited from it. Dr. Rao spoke of the various courses available in the country in basic sciences and of the tremendous opportunities across the globe awaiting science graduates. He also interacted with the students about securing positions in premier institutes like IISc, ISI, IIMSc, CMI etc for the undergraduate science courses offered.

Dr H S Nagaraj, t founder of "BASE Education", Bengaluru presented a session on 'How to set goals and set a Career' on 12th Dec 2017 for Class 11 students. His session began by querying the learners about their dreams and aspirations. He emphasised on how dreams were quintessential and quoted famous personalities who turned success stories overcoming all barriers. A strong motivator, he pushed the learners to follow their passion. Advice about selection of institutions and exams to be cleared with guidance to write a competitive examination left the students looking for more.



Pen is mightier than the sword!!

The BEML Essay Writing Competition on the topic "My Vision- A corruption free India" was conducted in our school on 16th October 2017. Students were asked to write an essay in about 1500 - 2000 words.

The competition was part of Vigilance Awareness Week observed from 31st October 2017 to 5th November 2017 by BEML LIMITED, a Public Sector Company under the Ministry of Defence. Mst Shreyas V E of Class X C, Ms Ananya Ramaprasad of Class X A and Mst Vishal R of Class X B bagged the 3rd, 2nd and 1st prizes respectively.





Green growers!!

A farm visit that explores how food is grown and how animals are raised is an ideal way for city children to understand and connect with where their food comes from. By learning how a farm works, children experience the natural world in a new way and make a vital connection between the social, ecological, and economic importance of agriculture in their lives.

The Social Science department took the students of Class 8 and 10 to Aditi Farm, Gommatagiri, to learn about advantages of multi-cropping, modern farming methods and different manures used. The students interviewed the farmers and learnt the importance of agriculture, advantages of mixed and organic farming and the seasonal crops grown. They also assimilated knowledge about the natural and human factors that are required for various crops. Students enthusiastically gathered information about mixed and organic farming and the problems faced by the farmers these days. A sense of concern and pride about the farmers and also a zest to find solutions for the prevailing issues was high amongst the learners visit.



Students of Class 4 visited a farm, located in Bettadooru, with the objective to sensitize the children with the pleasant environment of a farm, the use of natural fertilizers in cultivation of crops and to enhance their knowledge about different trees, fruits, vegetables and crops grown in a farm. The young learners carried back a lot of food for thought!!

The students of Class 9 visited the Farming Research Institute, Naganahalli, Mysore which follows the latest organic farming technology to grow many types of crops like paddy, sugarcane and different types of fruits. Dr. Govinda Raj, Superintendent of Farming, gave a highly informative and inspiring session on the importance of organic farming. Students learned about foods that are safe and healthy for consumption, to identify the disadvantages of overuse of fertilizers and pesticides and the impact of chemical food on their health thus making them more conscious of the need for organic farming.

Babies Day Out!!

The tiny tots of lower kindergarten were out on their first school field trip to Sachidanand Ashram on 15th Dec 2017. An introduction to all the active learning in times ahead. A journey well begun is half done- was substantiated by their cheer and prayer and rhymes enroute to the destination. The chirpiness of the kids sure dulled the chirps of the various bird species they looked at in wonder and learnt about at "Sukhavana Bird Park" at the ashram. This introductory trip will sure give wings to the tots to scale greater heights!



Evolve back!!

The little ones of upper kindergarten were on a surprise field trip to the "Regional Museum of Natural history", Mysuru on the 2nd Nov 2017. The curious minds were stimulated at the biological diversity gallery, which exhibits many endangered plants and animals. Their eyes gleamed with inquisitiveness as they strode through 'The Gallery of Life' unraveling the mysteries of life over time and space. The 'Tunnel of Evolution' and a representation of Jurassic Park got them more excited. The discovery center allowed the tots to examine, study specimens and the skeleton masks of varied objects. The huge mock blue whale skeleton was the icing on the cake. The depiction of the trip through their drawings is a sure shot evidence that we are on the right path!



Fibre 2 Fashion!!

To emphasise the understanding of concepts in classroom learning, students of Class 6 were exposed to various stages of silk production- threading, spinning, weaving, dyeing and the final product on their visit to Chamundeshwari Silk factory on October 13th 2017. It was a captivating experience for our young learners to visually learn about raw materials and mechanical tools used for the transformation of the fibre to end fabric and also compare the traditional weaving practices to current weaving methods. 'Teach me and I'll remember, involve me and I'll learn' is a thought that highly resonated in the learners group!!



Lessons learnt up hill!!

To understand and develop an appreciation towards the multi-cultural ethos of India and recognise the importance of conserving and up-keeping heritage sites in our country, on 6th December 2017, students of Class 6 were taken to Gomatagiri which has an acclaimed Jain temple, a monolith granite belonging to the Vijayanagara style of architecture nestled amid forests. Students climbed the 50 metre tall hillock to have a view of the Bahubali statue. They also trekked through an area of undulating rock crop to see stone engravings of the 24 Thirthankaras wherein teachings of each saint is inscribed. Learners were filled with a sense of awe and also concern regarding the upkeep of the monument as they noticed visible cracks due to unregulated quarrying in the vicinity.



Merry Christmas!!

Christmas- a celebration of love and good will, was an integral part of the EPS family. On 23rd Dec 2017, the school lawns played host to the festivities with the quintessential Christmas tree and crib marking the birth of lord Jesus Christ. The symbolic colours of the season- red and white filled the spaces both in attire and decorations, bringing in the holiday feel. As the entire staff of EPS gathered to celebrate the festival, speeches signifying the day, candle lighting and choirs filled in the air. "Secret Santas" who played their role to the hilt from a week prior revealed their identities to the beneficiary recipients. An exchange of gifts and well wishes followed by a high tea brought the lovely day to an end and the beginning of the Christmas vacations. Christmas is not a season, but a feeling. It was not what was under the tree that mattered but who surrounded it and marked the onset of another fruitful year ahead!!



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