

Exer Upward

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PROMISE YOURSELF

To think only the best, to work only for the best, and to expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

- Christian D. Larson

Mr. Mathew K G

Principal

Dear all,

Another edition of our Newsletter, 'Excelsior', comes at a time when there is a sense of achievement and optimism for everyone at EPS.

Our first batch of Class 10 students have made us proud by their exemplary achievement. They proved that learning can be so much of fun, excitement and adventure, and still you can exceed your expectations. They are now out into the larger world to continue their tireless efforts. This edition is dedicated to all those 18 'Excelites' who, we are sure, would make it to 'life's long journey'.

Our teachers have taken our flag to the national level by winning the National Award for Innovative Practices in Education, instituted by the NCERT. It was not easy for them to prove that learning can be participatory, innovative, fun-filled and exciting. Kudos to each one of them for taking this effort to its logical end.

Of course, there is so much more to do....LET'S DO IT!



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The Class 10 CBSE results of the first batch of 18 students was eagerly awaited by one and all. By performing exceedingly well, they brought laurels to themselves, their parents and to the school. We are proud of our trailblazers and wish that they continue the good work from here into the future ahead. Keep firing, young guns!



"Beyond The Blackboard" A National Recognition

Excel Public School has won the National Award in the recently held 'All India Competition on Innovative Practices and Experiments in Education for Schools and Teacher Education Institutions 2013-14', instituted by the National Council for Education, Research and Training (NCERT), New Delhi. EPS has won this award for our project, 'Beyond the Blackboard, for our innovation in making the learning of English language natural, self-directed,

interactive and fun-filled. Excel Public School is the only institution from Karnataka to receive this prestigious recognition this year. Over 60 institutions from all over the country had submitted their proposal for this year's Award, of which 10 institutions made it to the final round of Project Presentation held at New Delhi on 27th June 2014.

The School team headed by Principal, Project Coordinator Mrs. Nagashree TR and Team members Mrs. Reshmi Kali and Ms. Swarna Thimmaiah represented the School at the national event. Our presentation and the theme were well received and appreciated by the jury.







'CAn Encore

It was celebration time at EPS in the first week of July when the management joined the faculty and staff in appreciating and rejoicing over the dual achievement of Team EPS in the Class 10 results and NCERT Award.





UKG Outstanding Student (Awardees - 2013-14

Choosing outstanding students from Kindergarten is a herculean task, as each one of them here is special in their own way. Yet, throughout the year, there were many occasions where a few children displayed their inner goodness consistently in exceptional ways.



Tanish Tejaswi M S is one such responsible child with a pleasant disposition. He is eager to learn new concepts. He connects well with his peers. He is well aware of his surroundings. It was a pleasure to have him as my student.

Nethravathi KP UKG Teacher



Kruthi B S is another of the outstanding students who is very cheerful. She is eager to learn new concepts. She is good in everything she does. She is a good mimic and an artist too. She loves to dance. It was a pleasure to have been her Class teacher.

Lakshmi B UKG Teacher

Investiture Ceremony

"Good leaders must communicate vision clearly, creatively, and continually. However, the vision doesn't come alive until the leader models it."

- John C. Maxwell

The new academic year ushered in the formation of a new Student Council. The ceremony was held with lots of enthusiasm and gusto. The students are elected to the Council through an online voting, which was 'a first' at EPS. This ensured the procedure is a democratic and transparent one. The induction ceremony on the 7th of July saw students from the Junior and Senior section take their oath. They promised to disburse their duties and responsibilities in the most proactive and diligent manner. Our newly-elected Student Council took an oath in front of the whole school to be true to their posts and duties assigned to them. The occasion was graced by our Principal, Mr. Mathew K G, who congratulated the badge holders and encouraged them to shoulder their duties with 'loyalty, truth and honor'. He also clearly listed his expectations from the new Council. Apart from nurturing leadership skills, he also emphasized on the values that one must inculcate. Honesty, determination, wisdom, humility and aspirations were the words they needed to pay heed to. The event ended on a positive note with the Council members promising to do their very best. The ceremony concluded with the National Anthem. It was a memorable day for Excel Public School.





Leading The Way

The event on Leadership conducted by Mr. and Mrs. Craggs on the 19th of July, at our school, was an inspiring and thought-provoking one. From the event, we learnt the attributes that make a person a good leader. With consistent hard work, one can gain the skills required to be a good manager, as well as a good leader. We learnt that time cannot be managed, but the work that we do in that time can be managed. We also learnt how to handle failures in an effective way. It was a great opportunity to be a part of this interesting event. We enjoyed the event thoroughly and there was a great learning experience with a lot to take back home.



Varun B M, Harsha A & Jatin J A Class 10

VISIT TO THE ANTHROPOLOGICAL SURVEY OF INDIA

We left for the Anthropological Survey of India, Manav Bhavan, Mysore at 10.30 am and reached there quickly. We first went into the auditorium to see a documented movie on the people of Gaddi. We saw how hard they work to look after their livestock. They often had to migrate from place to place to take care of their livestock; sometimes this included a 20 day walk. They had to experience different types of climate conditions. After the movie, we went to the Museum. In the Museum are the artifacts used by some tribal people. It included the tools for hunting, gathering, cooking etc. They have been using the things we use today. This shows how intelligent they were. Then we went to the exhibition room, which contained many things they used and needed. It included weapons, pots, jewellery, boats and etc. we got to know that they had used all materials available to them to fashion beautiful jewellery long back itself. Overall, we learnt to work hard, not give up and have courage.

Palgun N P Class 7 B





A VISIT TO THE FARM AT GOMATAGIRI

Bus no. 4 along with Divyakumar Sir and set off. Once we reached the farm, we got off the bus and knowledge on farms, fertilizers and plants.

met the farmer who showed us a variety of plants. He was so kind that he let us pick a few star fruits Aayush Aiyanna and guavas. Some of us, however, went overboard Class 9 picking the fruits. Once we finished this, we went outside to compare plants using natural fertilizers to the ones using artificial fertilizers. The farmer told us that the farms using artificial fertilizers give a better yield than the ones using natural ones. Also farmers using natural fertilizers have to invest more. The only advantage of using natural fertilizers is that the crops are healthier and tastier. Once this was done, we went to look at the farm and the crops.

We saw beans, cucumber, jowar and til, which was

We were all surprised last week, when Nagashree his main crop. He told us that til could be grown only Ma'am came in and told us she wouldn't be taking through rain water irrigation and only once a year on class that day. But then all of us remembered that one field. One of the crops of his which would get our Social Studies teacher had told us that she affected by rain was til. Once the til was harvested, he would be taking us on a field trip that day. After a planted horse gram. We walked to a nearby banana few minutes, Nisha Ma'am herself came and told us field which had drip irrigation system. Along with the to form a line. The class was filled with excitement banana, he had planted papaya. Soon it was time to as we gathered our snacks and books and headed leave. We would have liked to stay on for a longer time to the buses in the parking area. We all boarded but then we had to get back to school. On our way, we realized that we had returned with so much more



CA Visit to the Zoo

n Friday, the 19th of July, there was a big surprise for us. We the students of Class 3 were going to the zoo and we had to take our lunch and snacks along. When we all boarded the bus, we had our snacks and also played some hand cricket. On reaching the zoo, we were made to stand in pairs and we saw the tallest animal, the giraffe, right at the beginning of our visit. We also saw birds like owls, eagles, macaws, peacocks and many more. After that, we saw tigers, lions, cheetahs and leopards. We saw turtles, many more animals and snakes too. When it was time to leave, we boarded the bus, ate our lunch and reached school by the end of the 6th period. It was a tiring day but good fun as well.

Rohit Suresh Class 3 D



Field trip to the Regional Matural History Museum

We had gone on a field trip to the Regional Natural History Museum last week from our school with our teachers. There, we saw elephants in 3D animation, origami, and pictures. We also saw the endangered animals like cheetah, bear, fox, hyena, mongoose, and tiger. I saw dead butterflies and insects. I saw red panda, leopard cat, Asian golden cat, black buck, tiger, lion, and cheetah. I saw almost all the sea collection. Then we saw the journey through the ages. I saw all the bones, human spine and at the last we watched a movie. We returned from our field trip with a lot of excitement and learning.

> Gargi M Kanade Class 4 A





ADOLESCENT EDUCATION PROGRAM



Our school had organized an Adolescent Education Program by Dr. Anupama, a gynaecologist on the 22nd of July for the girl students of Classes 7, 8, 9 and 10. This was a one-hour interactive session where she dealt with the challenges faced by the girls during their growing years. She reminded us of the physiological, psychological and emotional changes that one faced during adolescence and the ways to tackle them. She told us how important it is to be safe, stay alert and the need to say 'No' when our personal space is intruded upon. She also mentioned the need for a healthy diet and exercise everyday. She took questions from us and made us feel reassured with her answers, which made the session very meaningful and valuable.

Shloka Sahetya Class 9

"Pi" Day

"Pi" day was celebrated at EPS with a special assembly on the use of Pi along with a few competitions.

I am here, I am there, I am everywhere, You start with me, from 0 to 9, You read me in school I am Maths!!

I have three subs in me Algebra, Geometry and Arithmetic, They have many subs in them; you can never count them, My numbers are infinity I am Maths!!

I have Bodmas, brackets, off, Division, multiplication, addition and subtraction, I belong to the fundamentals of Maths, Once again, I am Maths!!

Shapes – circle, round and round, Square with four sides, rectangles big and wide, Triangle with three sides,

I am Maths!!

Rahul Manjunath Class 6 C



What is Pi?

Pi is an endless string of numbers, in fact, one of the first ever discovered. It is the ratio of the distance around a circle to its diameter. This produces a number and that number is always the same. However, the number is rather strange. The number starts 3.14159265... and continues without an end. Such numbers are called irrational numbers. Pi is also an irrational number, meaning it cannot be expressed as a fraction. Pi can only be approximated. A common fraction of Pi is 22/7. Computers can be used to get better approximation of Pi.Being an irrational number, π cannot be expressed exactly as a common fraction, although fraction such as 22/7 and other rational numbers are commonly used to approximate Pi. π is also called a special number because it shows up everywhere, in Chemistry, Physics, Math or anywhere else. We all agree that life is a Pi which never ends.

N Sujal Akshay Class 6 A

My Sincere Thanks

It was the 28th of June 2014, Saturday. At 12 noon, I had a Parent-teachers' meet with the parents of Playschool, where I met Ritvik's parents. We had quite a detailed discussion about the child. Parents told me they were happy meeting me. It was 12.45 pm and I had an emergency so I had to rush from my school on permission. I started from my school and had just reached the Ring road when my bike stopped suddenly. I panicked as there was no petrol in my bike and as luck would have it, I had neither a penny in my purse nor a cell phone to contact my family. I didn't remember any of my colleagues' numbers. I stood under the scorching Sun wondering what to do next. Suddenly I saw a black car that had just passed by reversing and coming towards me. A lady with the child got down from the car with a smile. It was none other than Ritvik's mother. His father asked me what had happened. I told them that my fuel tank was empty. He asked

his wife to wait with me while he went to fetch some fuel After some time, he came with a big bottle of petrol and filled up the tank in my bike. I felt relieved and realized that they were just 'Gods in Disguise.' I sincerely thank Ritvik's parents from the bottom of my heart for their humility and timely help that afternoon.

Ms Mamatha Lobo **Play School Teacher**





First Day In School

My first day in UKG began with an eagerness to see the new faces in my class. I put a smiling girl's face like a garland around my neck to welcome my children. After they settled down in the class, each child was given a chance to speak on how they felt about coming back to school. Many of them said they were waiting for the school to reopen. I put on a Krish mask and introduced myself. Later, each child introduced him/her self and spoke about his/her family. He/she also said the school's name and the class teacher's name.

The children saw a PPT of their photo along with a smiley; they were so excited when their friend's names and their photos appeared on the screen, that they screamed in joy. Some of them were feeling shy when their photos appeared on the screen. After their break, they got a chance to do a magic activity. This involved a chart paper with a coloured outline of a tree on one side and a bird on the other. This chart paper was stuck to a thin stick, which upon rotating continuously, created an illusion of a bird sitting on a tree. The

children enjoyed this magic activity and they carried it home to show it to their parents. This idea was given by one of our previous year's UKG student. Pratham Trivedi. We had promised him that we would adopt this idea for 1st day activity when we reopened for the year 2014-15. Pratham remembered our promise and came to us on the first day. He was thrilled to see that we had kept our word.

> Lakshmi B **UKG Teacher**

Helping Hand

Make a difference Each day you live Open your heart Learn to give Life for many is so unkind Giving people are hard to find So open your heart Give what you can We're all responsible For our fellow man It's so easy to look The other way But the tables could turn On any given day So help if you can For one day you may be The one who's down and out The one no one will see

Shivam Menda Class 7 C



ಮರ, ಮರ, ಮರ ನಾನು ಬೆಳೆಸಿದಾ ಮರ ನಾನು ಮುದ್ದಿಸಿದಾ ಮರ ಇದು ನನ್ನ ಮರ ನನ್ನ ಮರ ನಾನು ಆಟ ಆಡಿದಾ ಮರ ನಾನು ಕಲ್ಲು ಹೊಡೆದು ಹಣ್ಣು ತಿಂದ ಮರ ಮರ ಮರ ಮರ ನಾನು ಮುದ್ದಿಸಿದಾ ಮರ ನಾನು ಜೋಕಾಲಿ ಜೀಕಿದ ಮರ ನನಗೆ ಕೂರಲು ನೆರಳು ಕೊಟ್ಟ

ಎಚ್ ಎಂ ಶಾರದಾ ಶೆಟ್ಟಿ

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Pace to Pace

The Parent Teacher Interactions for this academic year began in the month of June, with the Principal inviting the High school parents for an interaction. The middle and primary school Parents interactions also followed during the subsequent weeks with the Principal. While addressing the parents, the Principal emphasized the need for the school and the parents to work in tandem for the wholesome progress of the students. Being an open house, it was a good time for the new parents also to clarify their doubts and meet with the concerned teachers of their wards. Each of these sessions was well attended and served the purpose of building trust in the each other.









Class (Assemblies

The Class assembly program at EPS is an opportunity where each section gets to present a program on a theme of their choice during the school assembly for a duration of 20 minutes. The Class teacher along with her class plans a program that includes a skit, a song and a quiz, among others, that reiterates their theme. Every student in the class is involved in the program without fail.

As we have grown significantly in terms of school strength this year, we conduct the High School assembly on Mondays, the Class 3 and 4 assembly on Wednesdays, and the Class 1 and 2 assembly on Fridays. The Principal or the Headmistress presides over the assembly program.









The themes range from social the students. Children bring forth their issues, environmental issues, creativity so beautifully that each class education to life skills, which has been different in its approach and increase the awareness among has added to the value of this exercise.

ಅಜ್ಜಿ ಕಥ

ಪುಟ್ಟಜ್ಜಿ ಪುಟ್ಟಜ್ಜಿ ಕತೆ ಹೇಳು..... ಬಾ ಮಗಾ ಹೇಳ್ತೀನಿ ಒಂದು ಕತೆಯಾ.....ಕಥೆ ತಕಣ ನಮಗೆಲಾ ಮನೆಯ ಹೇಳುವ ಕಥೆಯು ನೆನಪಾಗುತ್ತದೆ. ಅದರಲ್ಲೂ ಅಜ್ಜಿ ಹೇಳಿದ ಕಥೆಯಂತೂ ಮರೆಯಲು ಸಾಧ್ಯವಿಲ್ಲ. ನಮ್ಮ ಶಾಲೆಯಲ್ಲಿಯೂ ಅಜ್ಜಿಯ ಕಥೆ ಕೇಳುವ ತವಕ, ಏನೋ ಸಂಭ್ರಮ ಮೊಗದಲ್ಲಿ, ಅಜ್ಜಿಗಂತೂ ಕಥೆ ಹೇಳುವ ಆಸೆಗೂ ಮಕ್ಕಳೊಂದಿಗೆ ಕಾಲ ಕಳೆಯುವ ವೇಳೆ ಜರುಗಿತ್ತು. ಜುಲೈ 15 ನೇಯ ತಾರೀಖು ಶುಕ್ರವಾರ ನಮ್ಮ ಶಾಲೆಯ ಅಂಗಳಕ್ಕೆ ಕಥೆ ಕೇಳುವ ಸಂಭ್ರಮ, ಈ ಪುಟ್ರಜ್ಜಿಯ ಕಥೆ ಹೇಳಲು ನಮ್ಮ ಶಾಲೆಯ 7ನೇ ತರಗತಿ ವಿದ್ಯಾರ್ಥಿ ಬಿನ್ನಿ ದಿಲನ್ ನಾಣಯ್ಯರವರು ಬಂದು ಸರಿಯಾಗಿ 3 ಗಂಟೆಗೆ ಮಕ್ಕಳನ್ನು ಕಂಡ ತಕ್ಷಣವೇ ಅಜ್ಜಿಯ ಕಥೆಗೆ ಶಾಲೆಯ ಪ್ರಾಂಶುಪಾಲರ ಪ್ರೀತಿಯ ಆಮಂತ್ರಣ ಹಾಗೂ ಕನ್ನಡ ವಿಭಾಗದ ಸಹಯೋಜಕರು ಜಯಂತಿ ಮೇಡಂ, ವೃಂದ ಸಹಯೋಗದೊಂದಿಗೆ ಚಾಲನೆ ದೊರಕಿತು.

ಕಥೆಯು ವ್ಯಕ್ತಿಯ ಬದುಕನ್ನು ನೈತಿಕವಾಗಿ ಹೇಗೆ ಬದಲಾಯಿಸಬಹುದು, ಆ ಕಥೆಯಿಂದ ವ್ಯಕ್ತಿಯು ಹೇಗೆ ಹೊಸ ವಿಚಾರವನ್ನು ತಿಳಿಯುವನು ಎಂಬುದಕ್ಕೆ ಸಾಕ್ಷಿಯಾಗಿ ಅಜ್ಜಿಯು ನಾಲ್ಕು ಕಥೆಗಳನ್ನು ಹೇಳಿದರು. ಆ ಕಥೆಗಳೆಲ್ಲವೂ ನೀತಿ ಕಥೆಗಳಾಗಿದ್ದವು ಅವುಗಳೆಂದರೆ ಮೊಸಳೆ ಕಥೆ, ಮಾಯಗಾರನ ಕಥೆ, ಹುಲಿಯ ಕಥೆ, ಬೆಕ್ಕಿನ ಕಥೆ ಮುಂತಾದವುಗಳು. ಕಥೆಯು ಹೇಗೆ ವ್ಯಕ್ತಿಯ ವ್ಯಕ್ತಿತ್ವವನ್ನು ತಿಳಿಸುತ್ತದೆ ಎಂಬುದನ್ನು ಅಜ್ಜಿಯು ಕಥೆಯ ಮೂಲಕವಾಗಿ ತಿಳಿಸಿಕೊಟ್ಟರು. "ಅಜ್ಜಿಯ ಕತೆಯು ಸುಗ್ಗಿಯ ತಂದಿತು, ಹಿಗ್ಗಿದ ಮನಕೆ ವಿಷಯವ ತಿಳಿಸಿತು".









Morld Environment Day

also our school observed the World Environment Day on the 5th of June. A special assembly was organized by the students of Class 10, as this would be the perfect start for this academic year's events. The theme for the World Environment Day was "Raise your voice, not the sea level". The program conducted at our school was successful in spreading an awareness about this day among the students. One of the students administered an oath to the assembled students. This was an oath given by our former President Dr. A PJ Abdul Kalam, that urged us to do our bit to protect the environment.

After the oath, the programme began with a speech about the importance of this year's theme, 'Small Islands, Developing States'. This was followed by a puppet show, which was meaningful and enjoyable. The assembly ended with a melodious song.

Then we proceeded to the auditorium, where there was a Powerpoint Presentation in line with the theme. Finally, Mr. Ravindra Katti, one of the proud parents of our school also interacted with the students. It

As is the norm every year, this year gave all of us an opportunity to rethink on also our school observed the what is going on in our surroundings and World Environment Day on the 5th how we can make the situation better.

Sahana S Class 10



A New Tourney

I like this school because the campus is bigger than my old school. Here in this school the play area is bigger and we have slides, swings etc. In my old school there were old computers but in this school we have touch screen computers. I have lots of friends here. I like the music played during the breaks. I like the teachers spelling the words while teaching. My friends help me in many things. I like the discipline maintained.

Prachi Modi Class 2 C



Laugh St Off

Man to speaker: "I make it a point to attend all your speeches." Speaker: "Really? Do you enjoy them so much?"

Man: "No, no! It's not like that. Actually that is the only time I get sound sleep."



Busy Bees...

The activities in the Kindergarten at EPS are planned and developed in such a way as to exhibit the intrigue and joy of learning, which makes it meaningful. As the everyday experiences in and around the classroom and the school are priceless opportunities for learning, natural environment and technology are used to support and enhance student learning. Through our own observations, we have found that such an environment has never failed to address the children's natural curiosity in these early years.

We have captured a few glimpses of the fun-filled and educational activities conducted in the month of June and July and would like to share them with you.



Stunning skies







Refreshing creations from scrap







Hands - On Experience













































