

EXCELSIOR

Ever Upward



EXCEL
public school

On completion of the first decade of EPS

Vision, Passion and Action working together in complete synchronization to bring dreams to life - this is the EPS story, in short. It all began in the year 2009, when the great visionary and educationalist par excellence, Prof. M H Dhananjaya and his son Mr. D Sudhanva, began exploring the prospect of going beyond the boundaries of Excelsoft Technologies, a thought leader in the field of technology-enabled learning solutions. In the realization of their unusual wisdom and foresight was born Excel Public School, with the lofty vision of 'Empowering young minds towards a progressive and humane society'. Over the past 10 years, we have been passionately engaged and deeply engrossed in a mission to create a happy, caring, secure, value-based and stimulating environment for our learners, with a creative and effective integration of technology across the whole curriculum, to prepare citizens of tomorrow who are intellectually sharp, physically sound, socially responsible, and morally and ethically upright. I am happy and proud to say that our journey thus far has been intensely satisfying and extremely enriching, although there is a lot more we need to accomplish.



EPS Hootagalli, a new beginning



The start of a new educational institution is always the beginning of a new era. And when a previously existing educational institution branches off into new schools, it indicates robust growth. The decennial year has been an excellent year for Excel Public School, as it saw the reopening of the original campus of EPS at Hootagalli. The building was refurbished and renovated extensively and updated thoroughly. The teachers who had moved there from the Koorgalli campus spent months going over each detail exhaustively, so that the new school would be

every bit as good as its parent campus. Every effort was made to make sure that the first meet would be special to the students. It was an amazing beginning for the students, as well as the school itself. The school currently accommodates Pre-Kindergarten to Class 4.

■ **Mathew K G**
Principal



'A picture is worth a thousand words!'

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Here's what has been happening !

First impression, lasting impression

First impressions matter – especially those acquired on the first day of school. Students arrive at school with mixed emotions - excitement, nervousness, happiness and anxiety. Seeing their friends after a long break, moving into new classrooms, meeting their new class teachers ... it is a wonderful day for children. Back-to-school activities for this year involved many novel ideas and activities. Right from Class 1, which played pair games, to Class 9, who made a Time Capsule, there were innovative ideas galore. Class 7 teachers took a bait-and-switch approach to introducing the class teacher, making for a welcome change in the routine.



First Day of School!



The day on which a child goes to school for the first time is very special, for the child, its parents and its teachers, for it is the first

independent step taken by the child. The Kindergarten opened its doors to little ones on June 4, 2019. The KG teachers were eager to receive their little charges. The children spent their day doing a lot of fun activities, that included making their own Super Hero. When the day came to an end, they got sweets and were happy to carry their super hero home.

Kill fire before it kills you

On 19th and 20th of July, a workshop and a demonstration drill on fire safety was held on the school campus. The recipients were 50 selected members of staff with different profiles. The



workshop was facilitated by District Fire Officers (DFOs) from Mysore and Chamaraja Nagar.

Train the Teacher

EPS takes the training of its teachers very seriously, frequently inviting resource people from other parts of the country to conduct workshops. This year, teachers underwent a three-week training course which covered a multitude of topics. A two-day session on Research skills in Planning and Preparation was conducted by Ms. Chitra Uthaya and team from Excel soft Technologies, Mysore on May 16 and 17. The next was a very valuable two-day session on Outcome-based Teaching and Learning, conducted by two trainers from CareApt Educational Consultancy Pvt. Ltd. on 21st and 22nd May. The first day model led by Mr. Jayaprasad mainly focused on Life and Career skills, Learning and Innovation Skills & Information and Technology skills. The training on the second day was handled by Dr. Manulal G, Managing Director. The training sessions emphasized outcome-based learning, encouraged teachers to use child-centered pedagogies in classroom transaction to take up measures for continuous learning and professional development.



This was followed by a session offered by Ms. Chitra and team on Portfolio and Flipped Classroom on May 24th, and another on Interdisciplinary Curriculum Approach on May 25th. The idea of having learners bring out information that would then be collated by the teacher was very interestingly shown. Finally, a training session by Mr. Madhusoodhan and Mr. Viju of Excelsoft Technologies shed more light on the use of Graphic Organization in both



teaching and learning situations. As facilitators, the main takeaway for the teachers was that they do not have a moment to lose in preparing their students, the future global citizens, to compete and to succeed, and more importantly, to be valuable assets to society.

Veda Handwriting Lab

The session on hand writing conducted by Veda Education on the 25th of May was an eye-opener for teachers. They learnt that handwriting can be improved with just a few hours of practice, provided the correct method is followed. Some easy techniques, starting from sitting posture, distance between table and chair, position of the book, how to hold the pen and how much pressure has to be given while writing, were learned. This is a new program for classes 1 to 5.



Teacher as a Counselor

This session was held on June 29. Led by Dr. V S Ravindran, an eminent educationist and psychologist, the session focused on the psychological aspects of the teacher-student relationship, both in class and out of it. With years of experience behind him, Dr. Ravindran was able to advise our teachers to be mentors, not just coaches. He also shed light on what counseling was exactly, and on how to counsel students in an effective manner.



Greening the Blue, during Environment Day

The theme for this year's World Environment Day held on 5th June was 'Greening the blue', an effort to improve the quality of air that we breathe. At EPS, the students of class 11 and 12 put on a programme to highlight the importance of the day. The assembly included a scientific depiction



of the formation of life on earth, condensed to a three-minute time line, and the significant steps taken by different countries to stop or control air pollution. Lastly, the scope for individual effort was discussed.

Math Fest: Ganith Gala

This year's event titled Ganith Gala was organised on the eve of Pi-day on the 23rd July, 2019. Ms. Gubain Mathew, the Vice-Principal, presided over the program and Mr. Noble Antony conducted the contest with great energy, ably aided by Ms. Jyothi Joseph.



Harmony from Inclusivity

On 15th June, 2019, Round Table, Mysore 156, in collaboration with Excel Public School successfully conducted an Inter-school Quiz competition called the Harmony Quiz, in the school auditorium for the students of class 7. It had six teams with five participants each. Each team had two participants from EPS, one from Government School, Yelawal, one visually-impaired student from Ranga Rao Memorial School for the Disabled, and one hearing-impaired child from Mercy Convent.



Student Outreach Program 2019-20

Excel Public School has rolled out a Social Outreach Programme for the year 2019-20 in an effort to inculcate the values of 'giving back' to society and also sensitize students to a different experience in learning. Partnering with Pratham, an NGO in Mysore in the field of education, a Twinning program was initiated with student volunteers of EPS, to mentor students of a government school in MG Koppal, Hebbal, Mysore,



and increase their skills in Conversational English and Computer Science (Basic). The programme was launched on July 6, 2019, in Karnataka Public School in the presence of members of Pratham. The Twinning involves direct interaction between students of both schools, with the teachers being present only as a support system for the EPS student-teacher/mentors.

Investiture Ceremony 2019-20



The Investiture of the Student Council of Excel Public School 2019-20 was held with due ceremony on 28th June, 2019, at Excel Public

School, Koorgalli. The Chief Guest for the day was Major-General S G Vombatkere, an Army veteran who has served in the Indian Army for 45 glorious years. After the flag hoisting, the flag salute and school prayer, the pledge was administered by Master Vishal R of Class 12. The Chief Guest presented the badges to the Student Council. DHM Ms. Pavithra Somayya administered the oath. Then the Chief Guest, Major-General S G Vombatkere, delivered the Ceremonial Address. He spoke about leadership in his inspirational speech.

A Hero among us

Excel Public School was lucky to have Army veteran, Major-General S G Vombatkere as a guest lecturer on June 28. Leadership is one of the main things Mr. Vombatkere spoke about. He also spoke of the importance of working as a team and how it makes dreams come to life and get a fabulous outcome.



Over the Moon!

On July 22, 2019, all of India was in for a lunar treat. It was the launch of Chandrayaan II, and the best part was that all the students got to take part



in it too. Students of stds 9 and 10 got to watch it in the auditorium, while the rest of the school viewed it in their classrooms. For sure, that day, in the auditorium, some space scientists and astronauts were made.

Eid Mubarak

At Excel Public School, the central culture is one of respect for individual differences and multiplicity of thought. As is the custom every year, this year too there was a community prayer for Ramzan, followed by festive food.



Togetherness, a Joyful Experience



Eps Hootagalli Preschool and Preprimary children were invited to Eps Koorgalli on the 11th of July. Children of both campuses enjoyed their time together thoroughly,

doing fun activities.

ATL Tinkerfest 2019

The ATL Tinkerfest is the 'festival' of Tinkering and Innovation, combining elements of Entrepreneurship, Creativity, and Innovation. The Tinkering Lab is supported by Atal Innovation Mission, NITI Aayog, which is an initiative of the Union Government. EPS hosted the Tinkering Festival on 30th and 31st of July 2019. 15 schools from Mysuru, Hassan and Bangalore participated in the Fest. ATL Tinkerfest was inaugurated by Dr. DS Guru, Professor and Head, Department of Studies in Computer Science, University of Mysore. He addressed the students on the topic "Artificial Intelligence". ATL Tinkerfest2019 showcased 18 projects that addressed various problems such as plastic pollution, overflowing manholes and oil spills. JSS Public School, SJCE Campus, Mysuru bagged the first position for their



innovative 'SeaBin' solution. Excel Public School, Mysuru bagged the second position for their project 'Hydrogenics'. All the participating schools received participation certificates.

Lest we forget

Hiroshima Day was observed on the 6th of August in Excel Public School by the 'Excelerate Club'. The students of class 11 and 12 had organized the programme for the class 9th and 10th students. It was the first event of the year that was being conducted by the Higher Secondary students.



Independence Day, 2019



The 73rd anniversary of our country's Independence Day was celebrated with great gusto and patriotic fervor. The Chief Guest of the day, Dr. Lawrence Surendra, Council Member and Advisor, The Sustainability Platform Asia, hoisted the National Flag and spoke of the importance of patriotism over nationalism. He also stressed the importance of 'haves' giving to the 'have-nots', thereby setting the tone of the day. After the



ceremony, the students took out an Independence Day march in the local area. The usually calm atmosphere of the surrounding area resounded with patriotic



slogans as the children marched in groups, trying to outdo each other in national spirit.

Astronomy session 2019

On Aug 3, students had a very amusing and interesting astronomy session which helped students learn a lot of interesting and fascinating facts about space. Through this session they could easily expand their ideas of space and our existence.

Yoga Day

Excel Public School participated in the fifth edition of

International Yoga Day on June 21 held on the sprawling grounds of the Mysore Race Club. Students of Classes 5 to 12 as well as teachers of Excel Public School participated enthusiastically in large numbers.

Amazing Act of Caring and Sharing

Every year, EPS students celebrate Independence Day with a Community Feast, sharing their food with all other members of the EPS family. This year, however, instead of a Community Feast, we had Community Service. In the light of the



devastation suffered by the people of North Karnataka, Coorg and parts of Kerala, students were asked to donate essential items like soap, toothpaste, tooth brushes, etc., as well as unused clothing and blankets. The response to this appeal was overwhelming. The bulk of the donated materials was handed over to Hon. MLA Mr. S A Ramdas and other prominent citizens of Mysore to be sent to North Karnataka. Due to the overwhelming generosity of the students and their parents, another consignment could also be sent to Wayanad District of Kerala, where it was personally distributed to flood victims there with the help of the local unit of the Red Cross Society of India.

Independence Day for Tiny Tots



The kindergarten classes celebrated Independence Day on 16th August. The program began at 9.30 and concluded at 10.45 with the National Anthem. There were dance performances of children of each section. Master Ashray and Baby Tejal of upper KG were the Emcees for cultural programme. Master Rishith played the role of a soldier and reminded us to be responsible and law-abiding citizens. At the end of the programme, children were thrilled to receive yummy laddoos.





Beyond Earthly Bounds

The session by Dr. Suresh Doravari on Aug 2 for classes 8, 10, 11 and 12 was on gravitational waves, binary black holes (BBH) and Binary Neutron Stars (BNS). He also talked about gravitational wave detectors, limits of sensitivity of gravitational detectors and the interferometers. Students became aware of their own 'smallness' in the big scheme of natural things.



Workshop on Research Methodology

Students of Class 11 and 12 had a workshop on research and thesis preparation on the 30th and 31st of May. The workshop was conducted by Ms. Chithra Uthaya, Head of Events team, Excelsoft Technologies PVT. Ltd. The workshop included sessions on identifying trusted websites, organizing and summarizing collected information and making of useful notes. A session on plagiarism and how to avoid it was an eye-opener. The students wrote thesis statements and reports on a selected topic. As the students will soon be entering college, these sessions were very helpful.



Session on Career Counseling

Career Guidance sessions Level 1 and 2 were conducted by Mr. H M Prashant, School Correspondent and Head of Strategy at Excelsoft Technologies Pvt. Ltd. These gave students a panoramic picture of the career landscape, present and future. They were administered a few psychometric assessments such as MBTI personality test and the Holland code test to help them understand which career clusters would be suitable for them. Through interactive sessions, they got a chance to build up on their ideas and got the insights on being future ready.

Learning beyond school walls

Story of a real village

The Social Science Department took students of Class

XI on a field trip to Huyilalu village, Mysuru on June 26, to give them a real life experience on life in a village. The field trip was based on the chapter 'Story of Village Palampur.' At the end, the children were able to understand the villagers better and empathize with their situation.



Our Warming world, Our Vanishing islands

Students of Class 5 were taken to Kukkarahalli lake on the 11th and 12th of July, 2019. This trip was in relation to Unit 3 ('Robinson Crusoe discovers a footprint' and 'My Shadow') and writing activity in English. The objective behind taking students to Kukkarahalli Lake was to enhance students' knowledge on islands, make them aware of the extinction of islands and migratory birds due to global warming, and to perceive the importance of protecting our environment.



How is cloth made?

The students of Class 6 visited the Chamundi Silk Factory located in the Hootgalli industrial area on July 6. The main objective of the field trip was to familiarise students with industrial production of fabric and expand their understanding of the mechanical methods used to produce fabric. Students also learnt the hazards of working in a silk factory.



A Silken Experience

The students of Class 7 visited the Sericulture Department in University of Mysore on 8th and 9th July, 2019. The main objective of the field trip was to inform the students about the life cycle of silk moth and how the silk worms are reared for industrial



production of silk fiber, and to expand their understanding on the health hazards of people working in silk industries.

Seeing is Believing



A visit to the Folklore Museum in Jayalakshmi Vilas Palace came as a pleasant surprise to Class 6 students on Aug 2. The objectives of the visit were to appreciate the preservation of artifacts by the archeologists, to observe the artifacts and understand the lifestyle of ancient people, and to understand the importance of artifacts for the reconstruction of history.

Folklore – the Voice of the Common Man



On July 2, 2019, Class 4 was taken on a field trip to the Regional Museum of Natural History, Mysore. This field trip was undertaken to increase students' ability to appreciate

and understand what life was like in other time periods. Students came away from this trip with a better understanding of the concept of life, while enjoying their time away from the school environs.

Parents-Share

In Excel Public School, the role of the parent community is always welcomed. They are equal partners in educating children and have supported and catered to the school's needs.

Kindergarten Yoga Day



On July 5, Ms. Snigda Vivek engaged Kindergarten children in yoga in the indoor stadium from 10 am to 11 am. The children followed the instructions and enjoyed the session. Age-appropriate asanas were taught to the children. The teachers too performed the asanas along with the children.

Eat Well and Prosper!



On July 17, there was a talk by Ms. Nisha Kejriwal, senior dietician, on healthy living. The theme of her talk was that a balanced diet is not just about what you ate but about getting the nutrients required by that person, based on the person's daily activities. The amount of water consumed is also very important. Ms. Nisha had the children rapt when she told them to eat to their hearts' content, but also make sure that their diet fulfilled their daily nutrient requirements. A very timely reminder indeed!

AI: Cutting Edge of Technology



This was the subject of the session conducted by Ms. Poornima T S on 13 July, 2019, for Class 8. She gave a presentation on the evolution of AI and the time line of its development. She gave a thorough overview of real-life examples and uses of AI, touching upon how Siri, Tesla's self-driving cars, Netflix's content-on-demand services and Google Maps used AI. She also discussed its influencers such as complex algorithms, open source and social media, and its components such as speech recognition, learning, planning and problem-solving.

Hearing from the Expert Eye Doctor



Class 8 students had the opportunity to hear all about the eye when they interacted with a renowned ophthalmologist, Dr. Kavitha Vadi, who gave insight into familiar eye defects such as myopia, hyperopia, presbyopia, and so on. As the expert was delivering the session, two groups of students prepared Concept Maps. These boards were put on display after the program for students to recapitulate the key points of the session. After the program, some students volunteered to share their eye-related problems and sought advice from the expert.

Passion for Photography

On the 13 of July, 2019, a session was conducted on

photography for 10th std students by Mr. Prashanth N C, who spoke about how a single photograph can capture beautiful moments of life and keep them alive. He also made a mention on how every photograph captured conveys a story, and how one can pour one's heart out in just a photograph.



Reduce, Reuse, Recycle – Sustainable living

Ms. Uma Anil, an active member of an NGO called Balya Foundation, conducted two sessions on Sustainable Living. The first session sensitized students about the amount of chemicals used in a number of things. The following week, they made a multi-purpose bio-enzyme consisting of left over citrus or vegetable peels, jaggery, water and some yeast, which could be used as a kitchen cleaner, rest room cleaner, toothpaste, or diluted with water in order to water plants, etc.



Who do I want to be?

On the 19th of July, 2019, Mr. Shankar Prasad K S, addressed the students of 10th standard on the areas they needed to focus on when they chose a career. Being a student counselor for over a decade, he was well-informed about various career options and well able to engage with the students meaningfully. The session was indeed extremely helpful because, as young adults, students need clarity. They walked away from that session reassured and with a renewed sense of purpose.



Look up: Stars and Solar system

On 22nd June, Saturday, a session was conducted on Astronomy for 8th standard students. The focus was on teaching Stars and Solar system and astronomy to the students to clear the misconceptions trending in the field of astronomy and remote sensing, and to differentiate between asteroids, meteorites, meteors and comets. The facilitator of the session was Mr. C K Kiran Prasad, who



has vast experience in teaching Astronomy at various levels.

Effective Communication

On the 27th of July, students of Class 10 had a session with Ms. Sandhya Gupta on 'Effective Communication'. Being a very successful woman who has worked for big companies such as Ford and L& T, she demonstrated what was meant by walking the talk, both figuratively as well as literally.



Panchatantra in EPS

There was a storytelling session for Class 2 conducted by Ms. Nisha Suresh on July 13th. She narrated 2 stories from Panchatantra. There was so much life in her voice, her face, and her hands when she spoke. She also sang a Kannada poem with action and translated.



Story Telling

Children of Class 2 participated in a storytelling event on the 27th of July. The story of "The Ant and the Grasshopper" was narrated by two parents of EPS, Ms. Asha K R and Ms. Sravanthi B T, who had volunteered as part of the Parents Volunteer Programme. They enacted the story along with a video as well and had come prepared with materials such as the costumes, the baskets, headbands and stationery required for the play.



Planetary Peace Mediation

Mr. Sanjay J's session on Planetary Peace Mediation was conducted for students of Class 7 on 3rd August, 2019. He and his team member took the students through a series of breathing exercises, explaining the importance of breathing right and breathing in completely.



Creating a Story

"The Gruffalo", a famous story book written by Julia

Donaldson, is an interesting story to listen to. On 27th July, as part of Club Activity for Class 1 B, Ms. Aarathi Varadachar, a Parent Volunteer, turned it into a creative exercise as well. After narrating the story, she taught the children to create a story book using given materials.



Who is a Leader?

On 27 July 2019, Class 8 B had a session on leadership, conducted by Mr. Aniruddha M P. The objective of the session was to sensitize students to the fact that the key to successful leadership is influence not authority. This means that a leader is one who by his/her behavior impresses others and makes them to follow his/ her words in a good manner.



Life and Achievements of Sir Visvesvaraya

On Saturday, Aug 2, 2019, students of Class 8 attended a motivational speech by a parent, Mr. Swaroop MN. His speech was on the great legend of Karnataka, Sir M. Visvesvaraya. He started the session with a quiz on the person. The children who gave the right answers were rewarded with chocolate. Then he spoke about the life, achievements and quotes of Sir Visvesvaraya. This was a very interesting and inspiring talk.



Artificial Intelligence in Agriculture

A session was conducted for 10th std students on 27th July 2019 by Dr. Sreedhar RV on the use of Artificial Intelligence (AI) in agriculture. Dr. Sreedhar is a senior scientist in CFTRI and was able to impart a lot of information on this topic. This session had a great impact since students were made aware of India's agriculture practices and problems.



Non-human primates of India

On Saturday 27th of July, Class 10th A and B had a combined session on the topic 'Non-Human Primates of India', conducted by



Mr. M Anandkumar. He is a biologist and wildlife conservationist associated with an organization Nature Conservation Foundation based in Mysore and working in the Valparai region of Anamalai hills.

Literary Fest invite

On July 12, 20019, students of Class 9 were pleasantly surprised with a visit by representatives of the Mysore Book Club 2015. The members, Ms. Asha, Ms. Sunita Ganapathi and Ms. Mridula, had come to talk about the Mysore Literature Festival 2019 that was to happen the next day. They gave students an overview of the talks that were to happen and the celebrity authors who were due to attend. This event whetted the students' appetite for attending the literature festival.



On Being a Civil Servant

A very interesting session was conducted by Mr. Sanjeev Gupta, MD and CEO of Mysore ESDM Cluster, for Class 11 and 12 on July 27th, 2019. Mr. Gupta spoke on the value of time and also what it meant to have a career in civil service. Through his talk, students understood the amount of hard work it takes to get into the civil services and also how worthwhile it was in the end.

Skills for a Healthy Life

Mr. G Manoj Kumar took a session on 'Healthy Lifestyle' for the students of class 7th on 3rd August 2019. It was a session on life skills that helped children understand the importance of a healthy lifestyle. It was on discipline, planning and preparation.



Over and Above

The mark of well-rounded students and teachers is their ability to perform above and beyond the daily schedule of school events. To view please click on the link given here: